

OCTOBER 2016 CALENDAR OF EVENTS

- 3 Laughter YOGA, 9:45
- 4 Site Council, 9:00
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge
- 5 Dominoes, 8:00
- 6 Blood Pressures, 10-11:00, Broadway Prescription Shop
Bible Study, 10-11:00
Bridge
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 7 Take Off Pounds Sensibly (TOPS), 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 10 Center Closed for Columbus Day
- 11 Board Meeting, 12:30
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge
- 12 Trendsetters Beauty Bingo, 10:30
Dominoes, 8:00
- 13 Bible Study, 10-11:00
Bridge
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 14 TOPS, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Broadway Prescription Shop
- 17 Birthday Bingo, 10:30, Sponsored by Montgomery Bank
Birthday Party, cake provided by Crown Hospice
NO Laughter YOGA today
- 18 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge
- 19 Blood Pressures, 10:15-11:15, sponsored by Crown Hospice
Dominoes, 8:00
- 20 Bible Study, 10-11:00
Bridge
NO Apple Project Paperwork Service today
Raffle, 11:45
- 21 TOPS, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Saxony Village and The Lutheran Home
- 24 Laughter YOGA, 9:45
- 25 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge
- 26 Dominoes, 8:00
Trendsetters Beauty Bingo, 10:30

- 27 Apple Project Paperwork Service, 10:00, Medicare Part D Open Enrollment Event! Bring list of prescriptions, strength, frequency taken and Medicare card
Bible Study, 10-11:00
Bridge
Raffle, 11:45
- 28 TOPS, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30; sponsored by Abbey Road Christian Church
- 31 Laughter YOGA, 9:45
Halloween Costume Party, 11:00

CENTER WILL BE CLOSED FOR COLUMBUS DAY HOLIDAY

The center will be closed on Monday, October 10 for the Columbus day holiday. The Center will reopen on Tuesday with regular business hours.

HALLOWEEN COSTUME PARTY PLANNED FOR OCTOBER 31

The Site Council is planning a fun Halloween dress-up event on Monday, October 31. There will be a costume parade at 11:00 with some fun prizes for the top winners. Costumes do not have to be elaborate or complicated, so have fun and join in on the fun!

MEDICARE PART D OPEN ENROLLMENT EVENT PLANNED FOR OCTOBER 27

Medicare Open Enrollment is from October 15 to December 7. The APPLE Project will be at our center on Thursday, October 27, starting at 10:00 am to help you find the right plan for you with the medications you are taking at this time.

Bring your Medicare card, a list of all medications, the strength and frequency taken, or dose. This information will be put into the secure website to determine which plan would be best suited for you at this time.

The APPLE ladies will stay as long as they are needed on that day. If you have questions, they will be at our center October 6 and 13 for their regular visits, or you may call them at 651-5467.

WHO IS CONSIDERED A GUEST OF THIS NUTRITION PROGRAM

There seems to be some confusion about what categorizes a person as a guest of the nutrition program. The program is for any Senior Adult age 60 and over and their spouse. So, if one person is 60 or over and the spouse is under 60 they still qualify for the program and the suggested contribution of \$3 applies to them as well.

IF you bring a child, a neighbor, a friend, or anyone other than your spouse and they are under age 60, then they PAY \$6.00 and this \$6.00 must be given to the front desk hostesses so they can record it in the guest log and financial information log. The guest money payment should NOT be put in the box, but rather handed to the hostesses at the front desk. Our record keeping is very important, so thank you in advance for your cooperation.

MEMORIAL GIFTS RECEIVED DURING THE MONTH

Memorial gifts were given in memory Keith Wood by Marlene Cloude, Marjorie Hildebrand, Karen Stafford and Susan McClanahan.

Memorial gifts were given in memory of J. D. Treadwell by Karen Stafford, Fern Schlimme and Susan McClanahan.

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements and alerting your family of your wishes.