

NOVEMBER 2016 CALENDAR OF EVENTS

- 1 Site Council 9:00 am to decorate, meeting immediately following
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge, all day
- 2 Dominoes, 8:00
- 3 Blood Pressures, 10-11:00, Farah Shaddix, RN
Bridge, all day
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 4 Take Off Pounds Sensibly (TOPS), 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 7 Laughter Yoga! 9:45-10:30
- 8 AFEP Exercise Class, 9:45-10:30
Bridge
- 9 Dominoes, 8:00 am
Trendsetters Beauty Bingo, 10:30
- 10 Annual Veterans Day ceremony, 10:15. Everyone come and join in the sing-a-long at 10:15 then the ceremony at 10:45, led by American Legion Post 63. We will be honoring each branch of service and the spouses. Please plan to attend.
Bridge, all day
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 11 VETERANS DAY holiday, CENTER CLOSED
- 14 Laughter Yoga, 9:45-10:30
Board meeting, 12:30
- 15 AFEP Exercise Class, 9:45-10:30
Bridge
- 16 Dominoes
Blood Pressures, 10-11:00, Crown Hospice
Set Up Dining Room for Thanksgiving Dinner, 12:30, Everyone encouraged to stay around and help! No afternoon activities today due to work setting up for Thursday.
- 17 Fall Bake Sale, 9-12 noon, everyone encouraged to bake, buy, and invite friends and family to come.
Thanksgiving Feast, start serving at 11:00 am, suggested contribution is \$4.00 today.
Reset the dining room after the meal; helpers are needed about 1:00.
Due to the Thanksgiving Feast and Bake Sale, there will be No Apple Project, No Raffle and No cards today.
- 18 TOPS, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Saxony Village
- 21 Birthday Bingo, 10:15, Montgomery Bank
Birthday Party, 11:00, cake provided by Crown Hospice
NO Laughter Yoga today...but keep on laughing!
- 22 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge
Staff vacation, Center closes at 1:00 pm. No afternoon activities.
- 23 Dominoes, 8:00
Trendsetters Beauty Bingo, 10:30
Staff vacation, Center closes at 1:00 pm. No afternoon activities.
- 24 CENTER CLOSED FOR THANKSGIVING DAY HOLIDAY
- 25 CENTER CLOSED FOR THANKSGIVING BREAK
- 28 Christmas Tree decorating!!! 9:00 am! Everyone welcome to join in the fun!
Laughter Yoga, 9:45-10:30
- 29 Decorate the dining room, 9:00 am.
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge, all day
- 30 Dominoes, 8:00

ANNUAL VETERANS DAY CEREMONY PLANNED FOR THURSDAY, NOVEMBER 10

Once again, we will have our annual Patriotic Sing-A-Long to honor our Veterans at 10:15 on November 10. We will sing songs for about 30 minutes then have our annual ceremony, led by American Legion Post 63. We will be honoring each branch of service and the spouses during the ceremony.

This ceremony is one of the nicest programs we offer during the year, so we really encourage you to come and support the American Legion, honor our veterans and remember this holiday and all military past and present. Wear your red, white and blue proudly on this day!

All Veterans and spouses, mark your calendar and plan to attend. This is your day, so plan to come and enjoy what you are so deserving of; our very sincere thanks for your service.

The CENTER WILL BE CLOSED on Friday, November 11 in observance of Veterans Day.

THANKSGIVING DINNER PLANNED FOR NOVEMBER 17

The annual Thanksgiving Feast will be Thursday, November 17. The suggested contribution for this meal is \$4.00 because it is an expensive meal to serve. We will begin serving at 11:00. There will be plenty of food and we will serve until 12:30 or until everyone is served, so not everyone has to be here right at 11:00 and it sure helps to spread out the crowd. ☺ Thank you!

Because we plan to have a large crowd, we will not have the raffle so we can set up extra tables and chairs for the day.

THANKSGIVING BAKE SALE OFFERS HOMEMADE TREATS

The annual fall bake sale will be held Thursday, November 17 from 9-12:00 noon, or later as needed.

This is a great time to pick up a dessert or two to have on hand for your Thanksgiving dinner, or just to have a treat to enjoy at home.

You can help by baking and bringing items to sell, buying items, inviting your family and friends to come and purchase items or just donating cash to help with the fundraiser. This is an important fundraiser for the Site Council and your help is needed to make it a huge success. We appreciated all you can do to help!

Thank you, and see you at the Bake Sale!

BUCK-A-MONTH CLUB STARTS A NEW YEAR

Coming very soon the annual Buck-A-Month Club will start its annual drive for your membership. This is a fundraiser for the Foundation and your membership of only \$1 per month, or \$12 per year is needed to help with repairs and upkeep of our wonderful building.

Start planning NOW to join. You can see the girls in the office to join and get your name put up on the poster with colored stars for each month you join at \$1 per month. Let's all pitch in together to really boost the number of people who join this year... after all, it is ONLY \$1 per month to join!

Thank You!

THE SITE COUNCIL NEEDS YOUR HELP

The members on the Site Council would love to have additional help in putting up the Christmas tree and decorating the dining room. There's plenty of things to do, so join in on the fun while helping all at the same time!

CENTER'S NEW WEBSITE FINISHED

You can find the new website at: <http://www.capeseniorcenter.org/index.html> and you can also find the menu at this site or by going straight to <http://www.capeseniorcenter.org/menu.htm> to find the updated menu. If you have problems or need help, just let us know.

On the old site, the address shows up there in green, but will have to be copied and pasted into your web browser, as it is not a direct link to the new site.

MEMORIAL GIFTS GIVEN TO THE CENTER DURING THE MONTH

Memorial gifts received in memory of Jean Myles were given by Joan and Rob Weeks, Marlene Cloude, Marjorie Hildebrand, Scott and Susan McClanahan.

A memorial gift was given in memory of J.D. Treadwell by Evelyn Zimmerman.

A memorial gift was given in memory of Randy Truax by Marlene Cloude.

DO YOU HAVE OLD CHRISTMAS ALBUMS TO DONATE TO THE BOUTIQUE?

Do you have any old Christmas albums you would like to get out of your house? Would you consider donating them to our boutique? We have an interest in this item for our shop... so clean out your record albums and donate today!

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements.