

DECEMBER 2016 CALENDAR OF EVENTS

- 1 APPLE Project Paperwork Service, 10:00; Medicare Part D Open Enrollment Event, Bring list of current medications, strength/dose and frequency taken, your Medicare card and current drug plan card. In just a few minutes the APPLE ladies can tell you which plan would be better for the medications you are taking.
Woodworking Club demonstration and display, starting at 10:00. Dave and Sharon LeDure will be displaying some of the work of club members and demonstrating some of the techniques they use to carve wood. Should be very interesting.. come and check it out!
Bridge
Blood Pressures, 10-11:00 by our friend Farrah
Raffle, 11:45
- 2 TOPS, 9:45
AFEP Exercise Class, 9:45-10:30
Bingo, 12:30, Edward Jones, Timothy R. Domian, Financial Advisor
- 5 Laughter Yoga, 9:45-10:30
- 6 Site Council, 9:00, anyone welcome to attend
AFEP Exercise Class, 9:45-10:30
Bridge
- 7 Dominoes, 8:00
- 8 "HELP! The Grandkids are Coming!", a fun entertaining program by Leslie Essner, 10:40. Tips on fun things to do with your grandchildren, places to go, easy and fun activities to fill time, with a little humor interjected! Plan to attend this activity!
Raffle, 11:45
Bridge
- 9 TOPS, 9:45
AFEP Exercise Class, 9:45-10:30
Bingo, 12:30, Broadway Prescription Shop
- 12 Laughter YOGA, 9:45
Board Meeting, 12:30
- 13 AFEP Exercise Class, 9:45-10:30
Bridge
- 14 Set Up Dining Room for Christmas Dinner, 12:30. All hands on deck makes it go very quickly!
Trendsetters Beauty Bingo, 10:30
Dominoes, 8:00
- 15 Christmas Party and Dinner! A festive Christmas Carol sing-a-long at 10:15, and just maybe we will have a very jolly ole visitor! Wear your favorite Christmas sweater or festive outfit and we'll sing together, then join in on a delicious meal served from 11:00-12:30.
Raffle, 11:45
Bridge
NO APPLE Project today
- 16 TOPS, 9:45
AFEP Exercise Class, 9:45-10:30
Bingo, 12:30, Sponsored by The Lutheran Home and Saxony Village
- 19 NO Laughter YOGA today
Birthday Bingo, 10:15, Sponsored by Montgomery Bank
Birthday Party, 11:00, cake provided by Crown Hospice
- 20 AFEP Exercise Class, 9:45-10:30

- 21 Bridge
Blood Pressures, 10-11:00
Dominoes, 8:00
- 22 APPLE Project Paperwork Service, 10:30
Raffle, 11:45
Bridge
- 23 Center Closed for Christmas Holiday
- 26 Center Closed for Christmas Holiday
- 27 AFEP Exercise Class, 9:45-10:30
Bridge
- 28 Dominoes, 8:00
Trendsetters Beauty Bingo, 10:30
- 29 Raffle, 11:45
Bridge
NO Apple Project Paperwork Service today
- 30 TOPS, 9:45
AFEP Exercise Class, 9:45-10:30
Bingo, 12:30, sponsored by the motorcycle group GWRRA, Chapter I

MEDICARE PART D OPEN ENROLLMENT EVENT PLANNED FOR DECEMBER 1

We will hold a Medicare Part D Open Enrollment Event on Thursday, December 1 starting at 10:00 am. It is a very good idea to review your part D plan every year, even if your medications have not changed. Plans change and coverage of drugs change, so you will want to review this now, and every year.

The APPLE Project Paperwork Service will be here again on December 1 to do your review with you. Bring a list of your medications, the dose or strength of the medication and how often you take it. This information will be put into the Medicare.gov site for review and it will tell which plan would be cheapest for you with the medications you are currently taking.

WOOD CARVING DEMONSTRATION AND DISPLAY ON DECEMBER 1

Dave and Sharon LeDure will be here on December 1 with a very interesting demonstration and display from the area's wood carving club. They will be set up and ready to go about 10:00 for you to visit their table, watch and ask questions. Their work is very pretty and they would love to show you how to carve and get started with a new hobby.

CHRISTMAS CAROL SING-A-LONG AND DINNER

On Thursday, December 15 we have our annual Christmas Carol sing-a-long and Christmas Dinner. Wear your favorite festive Christmas outfit and come with a big smile and joy-filled heart to celebrate Christmas with our senior center family. We will be expecting a visitor from the jolly ole elf himself, as we have already written our letter to him requesting his presence at our party.

Christmas dinner will include a ham slice or delicious, tender roast beef and all the trimmings, including an assortment of pies. We will begin serving at 11:00 am and suggest a special contribution of \$4 for this meal. Includes dessert, drink, no tax and no tip...what a Christmas deal!!!

INCLEMENT WEATHER CLOSING ANNOUNCEMENT

In the event we would have snow or ice and it would cause Cape Public Schools to close, we also will close. We announce our closings on KFVS12 television and also on all River Radio

stations, including AM 960 KZIM radio. Just know that if you see or hear that Cape Public Schools are closed for inclement weather, we also will be closed.

BUCK-A-MONTH GEARS UP FOR ANOTHER GREAT YEAR

Marlys Ford is the new incoming chairperson of the Buck-A-Month Club for 2017 and she will be looking for YOU!!! Please join this very simple fundraiser to help support the Building Fund and Foundation with building repairs, upkeep and maintenance. With a building this size there is always something broken, and needs fixed or replaced. This very simple fundraiser, ONLY \$1 each month, \$12 for the year, is a very minimal way to help with the care of this building.

PLEASE join TODAY! \$1 per month or pay the full year of \$12 to do your part. Please see Marlys TODAY!!!

MARK YOUR CALENDARS...

The senior center will be closed on Monday, January for the New Year holiday observance. We will take the Christmas tree down on Tuesday, January 3, and your help would be appreciated!

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.