

## AUGUST 2017 CALENDAR OF EVENTS

- 1 Site Council 9:00 am to decorate, meeting immediately following  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bridge
- 2 Dominoes, 8:00  
Nutrition Education, 9:30, Ann Knight, University of Missouri Extension Educator
- 3 APPLE Project Paperwork Service, 10:30  
Raffle, 11:45  
Bridge
- 4 Weight Sense, 9:00 am  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 8 AFEP Exercise Class, 9:45-10:30  
Bridge
- 9 Dominoes, 8:00 am  
Beauty Bingo, 10:30
- 10 APPLE Project Paperwork Service, 10:30  
Raffle, 11:45  
Bridge
- 11 Weight Sense, 9:00 am  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bingo, 12:30, Broadway Prescription Shop
- 14 Board Meeting, 12:15
- 15 AFEP Exercise Class, 9:45-10:30  
Bridge
- 16 Dominoes  
Blood Pressures, 10-11:00, Crown Hospice
- 17 APPLE Project Paperwork Service, 10:30  
Raffle, 11:45  
Bridge
- 18 Weight Sense, 9:00 am  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bingo, 12:30, Saxony Village
- 21 Birthday Bingo, 10:15, Montgomery Bank  
Birthday Party, 11:00, cake provided by Crown Hospice
- 22 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bridge
- 23 Dominoes, 8:00  
Beauty Bingo, 10:30
- 24 APPLE Project Paperwork Service, 10:30  
Raffle, 11:45  
Bridge
- 25 Weight Sense, 9:00 am  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bingo, 12:30, The Villas of Jackson, Assisted Living

- 28 Membership Meeting, 11:00 am, The Nominating Committee will be presenting the slate of officers and members who will be running for the Senior center board. Nominations will be taken from the floor, but the person who you want to nominate must be present to accept the nomination; you can't nominate a person and assume they want the job. Would YOU like to serve on the Board of Directors? If so, please see Phyllis Diebold and she can visit with you about adding you to the slate for the election.
- 29 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bridge, all day
- 30 Dominoes, 8:00
- 31 APPLE Project Paperwork Service, 10:30  
Raffle, 11:45  
Bridge

#### SCHOOL IS STARTING BACK... WATCH FOR BUSES AND SMALL CHILDREN!!!

School is starting back in session mid-August, so please be on the watch for children who might be running or darting between cars to and from the school bus. Be diligent in paying attention and do not be distracted while driving.

Watch... look for children!

#### EMPTY MEDICATION BOTTLES WILL BE SENT TO THIRD WORLD COUNTRIES

In many poverty-stricken areas of the world, if people are lucky enough to get to a clinic or a doctor, there are no receptacles to carry their medicine home. Many of them resort to carrying their medicine wrapped in leaves or in their hands.

We are asking for your empty, ready to discard medicine bottles/containers to send to these areas. If you would bring your containers, there will be a box for them at the front table by the office door on the bottom shelf.

In case you have not noticed, there are collection boxes for used eye glasses and greeting cards as well. There is a collection envelope on the bulletin board for BoxTops for Education which we share locally with Jefferson Elementary School.

#### SITE COUNCIL PLANS AN ICE CREAM SUNDAE BAR ON SOLAR ECLIPSE DAY

August 21 is the solar eclipse and also our monthly birthday party here at the Center. To celebrate both events, the Site Council has planned an ice cream sundae bar that will be the dessert with your noon meal that day. You will receive a bowl of ice cream and you can add your own toppings as you wish.

THANK YOU to the Site Council for this fun, summertime, solar eclipse day dessert treat!

#### NUTRITION EDUCATION PLANNED FOR AUGUST 2

On August 2 we will have Ann Knight with us from the University of Missouri Extension Service with us for our required quarterly Nutrition Education. If you have not been here when Ann has done nutrition education, you might want to plan to attend. Ann is a fun-loving, person who makes learning fun! She always brings food as treats and shares information individually as opposed to a group lecture setting.

Plan to come and learn what she has to share with you and enjoy her healthy snack refreshment.

#### MEMORIAL GIFTS GIVEN TO OUR SENIOR CENTER'S FOUNDATION

Memorial gifts given in memory of Gene LaFont were given by Brian Thompson (Thomas Auto Body), and Ruth Lipps.

A memorial gift was given in memory of Lois Unfer by Marjorie Hildebrand.  
A memorial gift was given in memory of Troas Joiner by Marjorie Hildebrand.  
A memorial gift given in memory of Don Hunt was given by Marjorie Hildebrand.  
Memorial gifts were given in memory of Mary Wissmann by Michael and Connie Ponder and Susan McClanahan.

The Senior Center is always in need of your time and resources.  
Please remember your Senior Center when making your final arrangements.