

JULY 2017 CALENDAR OF EVENTS

- 3 Site Council, 9:00
- 5 Dominoes, 8:00
- 6 Blood Pressures, 10:00-11:00, Guardian Angels Home Services
Bridge
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 7 Weight Sense class, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 10 Board Meeting, 12:30
- 11 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge
- 12 Trendsetters Beauty Bingo, 10:30
Dominoes, 8:00
- 13 Safe Driving; Careless and Imprudent Driving; 10:45-11:10, Joy Hayes
Bridge
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 14 Weight Sense, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Broadway Prescription Shop
- 17 Birthday Bingo, 10:15, Sponsored by Montgomery Bank
Birthday Party, cake provided by Crown Hospice
- 18 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge
- 19 Dominoes, 8:00
Blood Pressures, 10-11:00, sponsored by Crown Hospice
- 20 Bridge
Apple Project Paperwork Service, 10:30
Raffle, 11:45
- 21 Weight Sense, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Saxony Village and The Lutheran Home, Scott Sprandel
- 25 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bridge
- 26 Dominoes, 8:00
Trendsetters Beauty Bingo, 10:30
- 27 Bridge
Apple Project Paperwork Service, 10:30
Raffle, 11:45
- 28 Weight Sense, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Abbey Road Christian Church, Jeff Long

THE CENTER WILL BE CLOSED FOR INDEPENDENCE DAY

The senior center will be closed on Tuesday, July 4 in recognition of the Independence Day holiday. The center will reopen on Wednesday, July 5 with regular business hours.
Happy Birthday, America!!!!

SAFE DRIVING PROGRAM PLANNED FOR JULY 13

We will have a special guest with us on Thursday, July 13 to give a personal experience story and educational program on safe driving and in particular, careless and imprudent driving, and what happened in her situation. Her program will begin about 10:45, but you'll want to arrive early and be all settled in before she starts speaking. Spread the word and hope you will make plans to attend.

BLOOD PRESSURE CHECK OFFERED TWICE MONTHLY

Thanks to generous sponsors who come to help us, we will offer blood pressure check twice monthly for your convenience. The first Thursday and the third Wednesday this free service is provided by Crown Hospice and Guardian Angels Homecare.

ALUMINUM CAN RECYCLING IS ONE WAY YOU CAN HELP THE CENTER

There is a trash can conveniently located right by the soda cooler on the north wall of the dining room. To help us recycle and get a little cash, too, please use this recycling container to put your soda cans in after you purchase a soda. Your soda purchases are also a way for you to support that fundraiser.

OTHER WAYS YOU CAN HELP THE CENTER

There are many ways you can help the senior center. Listing just a few of them, they are:

Making your \$3 meal contribution, that's most important!

Bringing us your aluminum cans for us to haul off for cash

Supporting the Buck-A-Month Club at only \$1 per month

Donate money at a time of a death as a memorial gift

Donate money at a time of celebration as a honorarium for a birthday or anniversary

Bring us your used eyeglasses for us to donate to missions in other countries

Bring us your old greeting cards so they can be refurbished or even made into jewelry in Haiti

Support the Boutique by bring unused items from your home for us to sell as a fundraiser

Support the Thursday Raffle by bringing items and buying tickets

Contributing toward cups of coffee; the box is always on the coffee cart

You see, this is only a partial listing, and there is something everyone can do! Do your part, and most importantly, the actual cost of your meal is \$6.00, please contribute as much as you can toward the cost of the meal, but at least the suggested contribution of \$3.00

HOME DELIVERD MEALS

The state of Missouri does not recognize "Carry Out Meals" as a form of meal delivery. The two forms of meal delivery are Congregate, where people dine in with us, and Home Delivered, where someone is ill and cannot come to the center to dine.

Wanting to "carry out" a meal because of a myriad of reasons is really not within our contract to deliver meals. There must be home delivered meal paperwork filled out on the person and a reason listed for why they are homebound.

As the state of Missouri gets more strict on this you will hear more about this, but for now, please, do not ask the center to "carry out" a meal. We will be able to do a home delivered meal if we have the necessary documents and information. Thank you!

NEW FISCAL YEAR REQUIRES UPDATE OF YOUR INFORMATION

Each year we strive to update your personal information that we are required to have; such as emergency contact information in the event you fall or become ill while here at the center. Please step into the office and make sure your emergency contact information is current and phone numbers are right. Should something happen to you while you are here, we need this important information.

The Senior Center is always in need of your time and resources.
Please remember your Senior Center when making your final arrangements.