

## MAY 2017 CALENDAR OF EVENTS

~~~ Memorial Day remembrance memorial gifts will be taken all month. A list will be published in the June newsletter. Remember your loved ones by making a memorial gift to the senior center this month for Memorial day. Some may choose to do this in lieu of flowers at the cemetery. ~~~ Thank you.

- 2 Site Council, 9:00  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bridge
- 3 Dominoes, 8:00
- 4 Bridge  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 5 Take Off Pounds Sensibly (TOPS), 9:45  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 8 Secure Shredding Event, 10:00-1:00 in our parking lot  
Board Meeting, 12:15
- 9 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bridge
- 10 Dominoes, 8:00  
Trendsetters Beauty Bingo, 10:30
- 11 Fun HAT DAY! For all men and women... wear any kind of hat as a fun activity.  
Mother's Day recognition of the youngest and oldest mothers, 11:00  
Bridge  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 12 TOPS, 9:45  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bingo, 12:30, Broadway Prescription Shop
- 15 Birthday Bingo, 10:15, Sponsored by Montgomery Bank  
Birthday Party, cake provided by Crown Hospice
- 16 Make-Up Demonstration for the Aging Adult Woman, 12:30. Jana Jateff will offer the samples for each person to do their own facial and make-up as a fun make-over activity. Learn the correct way to apply makeup to be appropriate for your age, how to hide wrinkles, and good colors for the aging woman.  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bridge
- 17 Dominoes, 8:00  
Blood Pressures, 10-11:00, sponsored by Crown Hospice
- 18 Bridge  
Apple Project Paperwork Service, 10:30  
Raffle, 11:45
- 19 TOPS, 9:45  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bingo, 12:30, Saxony Village and The Lutheran Home, Scott Sprandel
- 23 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bridge
- 24 Dominoes, 8:00  
Trendsetters Beauty Bingo, 10:30
- 25 Bridge  
Apple Project Paperwork Service, 10:30  
Raffle, 11:45

- 26 TOPS, 9:45  
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bingo, 12:30, Abbey Road Christian Church
- 29 Center Closed for "Decoration Day" or the Memorial Day holiday
- 30 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30  
Bridge
- 31 Dominoes, 8:00

#### MEMORIAL DAY GIFTS TO SENIOR CENTER AS A REMEMBRANCE OF LOVED ONES

All month long, the center will be accepting your memorial gifts in memory of loved ones as a thoughtful and long lasting memorial to them. Gifts received will be recognized in the next edition of the senior center newsletter. Some may choose to donate a memorial gift instead of doing flowers at the cemetery for Memorial Day. We thank you in advance for your thoughtful and generous response to honor those you love on this Memorial Day.

All gifts may be given in the office to ensure proper recognition. ~~~Thank you!!!

#### SECURE SHREDDING EVENT MONDAY, MAY 8; HERE IN OUR PARKING LOT, 10:00-1:00

The Center will once again be offering free secure shredding of your old important papers that are no longer needed. This could include tax documents, banking records, old insurance policies, or any papers that include your personal information such as social security numbers or birth date.

Regular, routine recycling, such as newspapers should be recycled through the city's recycling program.

There is no charge for the shredding. All items to be shredded should be brought to the senior center parking lot on MONDAY, MAY 8 from 10:00 am to 1:00 pm.

#### MOTHER'S DAY RECOGNITION AND HAT DAY PALNNED FOR MAY 11

On Thursday, May 11 we will have a fun Hat Day for men and women to sport their favorite hat. Men will be excused to wear your hat inside the building for the day. Your hat can be a fun hat that you have made, it can be an elegant, beautiful hat that is very special to you, it can be a favorite sports team or a promotion of a product you support. Just about anything goes on Hat Day! There are no prizes, but it will be fun to walk around and look at what everyone s wearing for our Hat Day!

On this same day at 11:00 am, just before lunch is served, we will have the joy and pleasure of honoring the youngest and the most mature mother in the dining room. This is quite an honor and we want to recognize them on this day, as we lead up to Mother's Day.

#### BEAUTY AND MAKEUP DEMONSTRATION; FACIALS FOR ALL IN ATTENDANCE; **SIGN-UP!!!**

On Tuesday, May 16 at 12:30, just following lunch, we will have a fun and educational program. Jana Jateff is a local cosmetic expert and she will be bringing makeup products for everyone to do their own facial and show you proper colors, techniques and applications for the mature, aging woman. As you age the way makeup is applied and the colors used should change with time, and that is what she is going to demonstrate. She will also show ways to cover up and hide wrinkles and lines.

Door prize will be given, but the best part will be the knowledge gained and the fun and laughs we will have together!

ALL women, please plan to come and be a part of this fun program! **SIGN-UP SHEETS ARE AT THE FRONT TABLE SO SHE CAN PLAN ON HOW MANY SUPPLIES TO BEING WITH HER!!!**

#### MAY LUNCH MENU WILL OFFER ADDITIONAL CHOICE ON MANY DAYS

The new spring and summer menu cycle has started and there are some ingredients and partial used boxes of items that we need to move out and get off of our inventory. Therefore, on many days in May, the cooks will offer an additional entree' choice to help use ingredients that we have already purchased. When an item is offered, it may be in limited supply; when it's gone, it's gone.

When an additional menu item is offered, it will be posted on the chalkboard by the tray return window as well as on the serving line. Enjoy the added items throughout the month!

**CENTER CLOSED FOR MEMORIAL DAY HOLIDAY**

Your Senior Center will be closed Monday, May 29 for the "Decoration Day" or Memorial Day holiday. We will reopen Tuesday with regular business hours.

The Senior Center is always in need of your time and resources.  
Please remember your Senior Center when making your final arrangements.