

OCTOBER 2017 CALENDAR OF EVENTS

- 3 Site Council 9:00 am to decorate, meeting immediately following
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 4 Dominoes, 8:00
- 5 Miracle Ear Hearing Clinic, 10-11:30
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 6 Weight Sense, 9:00 am
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 9 CENTER CLOSED FOR THE COLUMBUS DAY HOLIDAY
- 10 Board Meeting, 12:15
AFEP Exercise Class, 9:45-10:30
- 11 Dominoes, 8:00 am
Beauty Bingo, 10:30
- 12 APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 13 Weight Sense, 9:00 am
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Broadway Prescription Shop
- 16 Birthday Bingo, 10:15, Montgomery Bank
Birthday Party, 11:00, cake provided by Crown Hospice
- 17 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 18 Dominoes
Blood Pressures, 10-11:00, Crown Hospice
- 19 Banking Scams and Senior Adult Financial Abuse, 12:30, Regions Bank
NO APPLE Project Paperwork Service today
Raffle, 11:45
- 20 Weight Sense, 9:00 am
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Saxony Village
- 24 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 25 Dominoes, 8:00
Beauty Bingo, 10:30
- 26 Medicare Part D Open Enrollment event, sponsored by APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 27 Weight Sense, 9:00 am
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, The Villas of Jackson, Assisted Living
- 31 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Halloween; dress up in a costume you'll get to get in line first for lunch and get a special treat. We'll parade around the dining room and be finished up in time for you to get in line to eat! Tell your friends and get a group together!

HEARING CLINIC AND HEARING AID CHECKS ON OCTOBER 5

Miracle Ear will be here at our senior center on Thursday, October 5 from 10:00-11:30 for a free hearing clinic and hearing aid check-up. No appointment necessary and this clinic is free, sponsored by Miracle Ear.

MEDICARE PART D REVIEW EVENT OCTOBER 26

Medicare Part D Open Enrollment Is Oct. 15 Through Dec. 7

For 2018 Medicare coverage, open enrollment is in the fall of 2017, from October 15 to December 7. During this annual enrollment period (AEP) you can make changes to various aspects of your coverage.

- You can switch from Original Medicare to Medicare Advantage, or vice versa
- You can also switch from one Medicare Advantage plan to another
- You can switch from one Medicare Part D (prescription drug) plan to another
- And if you didn't enroll in a Medicare Part D plan when you were first eligible, you can do so during the general open enrollment, although a late enrollment penalty may apply.

It is important, especially if you take several medications, to have this reviewed each year.

The Senior Center is sponsoring a free event where you can have a Medicare Part D review on Thursday, October 26 starting at 10:30 am, here at our center. Please bring a list of all of the medications you take, the frequency that you take it and the dose. It only takes a few minutes and could save you money.

BANKING SCAMS AND SENIOR ADULT FINANCIAL ABUSE PROGRAM SCHEDULED

Regions Bank will be sponsoring a free educational program regarding your finances and security. Bank Scams are ramped and many senior adults may not be aware how easy it is to fall into this trap.

Please join us on **THURSDAY, OCTOBER 19 AT 12:30** for this informative program and refreshments. Regions Bank will present the program with printed handouts and they will have door prizes. You will not want to miss this program! Invite your friends to come and have lunch and stay for the program at 12:30.

PRESCRIPTION DRUG TAKE BACK EVENT; DROP OFF AT WEST PARK MALL PARKING LOT

Do you have any unused prescription drugs in your medicine cabinet that need to be disposed of? Do not flush those down the toilet or throw in the trash! Gather up all unused and unwanted prescription drugs, put into a bag and plan to drop them off at the WEST PARK MALL PARKING LOT NEAR STEAK 'N SHAKE. The city police department will have officers and safe containers ready to accept and dispose of prescription drugs. Clean out your cabinets and get rid of unwanted or unused RX at this event.

HALLOWEEN COSTUME PARADE BEFORE LUNCH

On Halloween, October 31, we'll encourage all of you to dress up in a costume for the parade, then those who dress up in a costume, will get to be in line first for your lunch. Invite your friends that you sit with to dress up and then you can all sit together at once! The parade will take place about 11:00, just before lunch. Activities like this are always more fun when there are a lot who dress up.

ANNUAL BAKE SALE NEXT MONTH, NOVEMBER 16; BAKE AND FREEZE AHEAD!

The annual Bake Sale will be Thursday, November 16. It is not too early to start planning for the sale by baking and freezing items for the sale. Cookies, banana bread, uniced cakes make great bake sale items and can be done in advance. Start baking now so we'll have a record setting sale on November 16!

MEMORIAL GIFTS GIVEN IN MEMORY OF SHELBY "CUPCAKE" STAFFORD

Our sincere sympathy to Karen Stafford, our office Bookkeeper, on the sudden loss of her daughter Shelby "Cupcake" Stafford. Shelby was a very special part of our senior center and will be missed by all who knew and loved her.

Memorial gifts given to our center in her memory have been given by:

John and Madeline Gieselman, Ken and Jennifer Lipps, Katrina Ervin, Ted Mehas, John and Linda Schorie, Ruth Jean Field-Lange, Jim Govreau, The Wanamaker and Wallace families, Scott and Susan McClanahan, Anita Dickerson, Mary Peltz, LaWanda Ice, Kenneth and Lorene Wood, Megan Wood, LaVerne Whalen, Ruth Sander, Jerry Emerson, Evelyn Zimmerman, Doris O'Neal, Fern Schlimme, Ethel Stewart, Dara Drury, Joe and Brenda Geysens, Marilyn Harrison, Vickie Gromer, Joan Weeks and Rob Weeks.

Thank you to everyone who remembered Shelby with a memorial gift to the center. Your cards, hugs and expressions of sympathy have meant so much to Karen.

The Senior Center is always in need of your time and resources.
Please remember your Senior Center when making your final arrangements.