

SEPTEMBER 2017 CALENDAR OF EVENTS

FAIR DAYS! SEPTEMBER 11-15; BRING ANY HOME CRAFTS, CANNING, GARDENING, ART, WOODWORKING, ETC. TO DISPLAY AS OUR OWN LITTLE FUN ACTIVITY IN HONOR OF THE SEMO DISTRICT FAIR. NO PRIZES AWARDED, JUST BRAGGING RIGHTS!!!

- 1 Weight Sense, 9:00
AFEP; Arthritis Exercise Program, 9:45-10:30
Bingo, 12:30, Edward Jones, Timothy Domian, sponsor
- 4 Labor Day holiday; Center Closed!
- 5 Senior Center Annual Election, 9-1:00, Annual election of Board of Directors and Members
Site Council, change decoration then meeting will follow
AFEP; Arthritis Exercise Class, 9:45-10:30
- 6 Dominoes, 8:00
Hand & Foot card game, all day
- 7 APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 8 Weight Sense, 9:00
AFEP; Arthritis Exercise Class, 9:45-10:30
Bingo, 12:30, Broadway Prescription Shop
- 11 Fair Days Display; Bring any homemade or crafted items you would like to display for fun! Bring so others may enjoy throughout the week, pick back up on Thursday or Friday. Display for bragging rights only, no prizes awarded.
Board Meeting, 12:15
- 12 AFEP; Arthritis Exercise Class, 9:45-10:30
Fair Days Display
- 13 Trendsetters Beauty Bingo, 10:30
Dominoes, 8:00
Fair Days Display
- 14 Hand & Foot card game, all day
Apple Project paperwork Service, 10:30
Raffle, 11:45
Fair Days Display
- 15 Pick up Displayed Items from the Fair Display.
Weight Sense, 9:00
AFEP Exercise Class, 9:45-10:30
Bingo, 12:30, Sponsored by The Lutheran Home and Saxony Village
- 18 Birthday Bingo, 10:15, sponsored by Montgomery Bank
Birthday Party, 11:00, cake provided by Crown Hospice
- 19 AFEP; Arthritis Exercise Class, 9:45-10:30
- 20 Dominoes, 8:00
Blood Pressures, 10-11:00, Crown Hospice
- 21 Apple Project Paperwork Service, 10:30
Raffle, 11:45
- 22 Hand & Foot card game, all day
Weight Sense, 9:45
AFEP; Arthritis Exercise Class, 9:45-10:30
Bingo, 12:30, The Villas of Jackson, Assisted Living

- 25 Hand & Foot card game, all day
Annual Board Member Installation Service, 11:00, All Board Officers and Members should plan to attend, if possible to be installed
- 26 AFEP; Arthritis Exercise Class, 9:45-10:30
- 27 Dominoes, 8:00
Trendsetters Beauty Bingo, 10:30
- 28 Annual FLU Shot Clinic, 10:00-noon, or until finished; it is not too early to get your vaccination! Get an early start to be protected against INFLUENZA!
Apple Project Paperwork Service, 10:30
Raffle, 11:45
- 29 Weight Sense, 9:45
AFEP; Arthritis Exercise Class, 9:45-10:30
Bingo, 12:30, sponsored by GWRRA Chapter I

THE CENTER IS OPEN WEEKDAYS FROM 8:00 - 3:00 PM FOR YOUR ENJOYMENT

SENIOR CENTER ANNUAL ELECTION PLANNED FOR SEPTEMBER 5

The Center's annual election is scheduled for Tuesday, September 5, from 9:00 am to 1:00 pm. Each year the center holds its annual election to elect the board of directors and board members who will make important decisions for our center. The board is a valuable and important part of the center's operation and required by the by-laws of the center.

To be eligible to vote, clients must be 60 years of age and older and a Cape Girardeau County resident.

BOARD OF DIRECTORS AND MEMBERS INSTALLATION SERVICE

The Center will hold an Installation Service on Monday, September 25 at 11:00 to install all of the board of directors and members that were elected in the annual election.

This is an important tradition that we have done for over 40 years. It is quick and simple, yet very meaningful. Please make plans to attend and watch our center's leaders be installed.

FLU SHOT CLINIC PLANNED FOR THURSDAY, SEPTEMBER 28

Mark your calendar for Thursday, September 28, 10:00-noon or later if needed.

Each year we hold an INFLUENZA vaccination clinic for your convenience. It is not too early to get your vaccination and it is good to protect you well throughout the entire FLU season, into next spring. There is no cost to you, just bring your Medicare card with you and wear a short sleeved shirt for convenience.

Every senior adult is encouraged to get a FLU shot to protect you from the FLU and possible hospitalization. Having the clinic here in our building is about as easy as it gets to receive your vaccination. Take advantage of this important clinic!

Clinic sponsored by Broadway Prescription Shop.

SITE COUNCIL PURCHASED NEW CARD TABLES AND TV TRAYS

The Site Council purchased new card tables and TV trays from the fundraisers they held over the past year. These new tables and trays are available for your use.

They just ask that when you use the card playing area that you....

- * Keep tables clean and pick up after yourself with trash, napkins, etc
- * Replace all TV trays back into the correct rack, if you use them
- * Please place chairs back under the tables to be tidy and neat

Thank You!!

A BIT OF HISTORY... 20 YEARS AGO

At this time 20 years ago, the land was secured at 921 N. Clark Street to begin the construction of the new Cape Senior Center. A \$20,000 check was received as a start-up donation from Procter and Gamble to help the capital campaign to raise funds for the center.

Not one penny of city, county, state or Federal money went into building our senior center building. The building was built and the mortgage was paid of over several years by hard work, fundraisers and gifts from clients.

As our building continues to age, repairs, maintenance and upkeep on the building are an on-going issue. The noon lunch contributions you give do not go toward the building in any way.

Please remember your senior center when making gifts to charity or gifts given through final arrangements. Your generosity is greatly appreciated.

INVESTMENT INTEREST DONATION TO THE CENTER

One of our clients who loves and enjoys our senior center has made the senior center the recipient of the interest from an investment. Her generous and selfless gift is received every six months, and is direct deposited into the checking account, as directed from her financial institution. What an easy way to give a gift to the center to be used in the general operating budget.

If you would like more information on how this works, we would love to visit with you about it.

MEMORIAL GIFTS DURING THE MONTH

A memorial gift was given in memory of Pat Cameron by Marlene Cloude.

A memorial gift was given in memory of Dorothy Brush by her sister, LaWanda Ice.

A memorial gift was given in memory of Ralph Sitter by Susan McClanahan.

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.