

## AUGUST 2018 CALENDAR OF EVENTS

- 1 Dominoes, 8:00
- 2 Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 3 Weight Sense, 9:45  
Bingo, 12:30, Edward Jones, Timothy R. Domian, Financial Advisor
- 6 Grace Reliant Fun Activity! 10:30
- 7 Site Council, 9:00, anyone is welcome to attend  
Exercise Class, 9:45-10:30
- 8 Dominoes, 8:00  
Trendsetters Beauty Bingo, 10:30
- 9 Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 10 Weight Sense, 9:45  
Bingo, 12:30, Broadway Prescription Shop
- 13 Board Meeting, 12:15
- 14 Exercise Class, 9:45-10:30  
Faye Garrett guitar and gospel singing program, 10-11:00
- 15 Blood Pressures, 10-11:00, Crown Hospice  
Dominoes, 8:00
- 16 Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
NO APPLE Project Paperwork Service today  
Raffle, 11:45
- 17 Weight Sense, 9:45  
Bingo, 12:30, Sponsored by The Lutheran Home and Saxony Village
- 20 Birthday Bingo, 10:15, sponsored by Montgomery Bank  
Birthday Party, 11:00, cake provided by Crown Hospice
- 21 Exercise Class, 9:45-10:30
- 22 Dominoes, 8:00  
Trendsetters Beauty Bingo, 10:30
- 23 Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 24 Weight Sense, 9:45  
Bingo, 12:30, The Villas of Jackson, Assisted Living
- 27 Membership Meeting, 11:00; the Nominating Committee will present the slate for the annual election
- 28 Exercise Class, 9:45-10:30  
Grace Health Services Foot Care Clinic, 9-2:00, appointment book is at the front table  
VNA Fun Activity, 10-1:00; come on in and enjoy some fun before lunch
- 29 Dominoes, 8:00 am
- 30 Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45

31 Weight Sense, 9:45  
Bingo, 12:30, GWRRA Chapter I

#### EXERCISE CLASS AND NEW CLASS LEADERS

The Tuesday-Thursday exercise class has two new leaders that are really enjoying the class. With the change to a new day and the new leaders, this would be a great time to join in on the fun.

This class is a low-impact, sitting or standing class with great music and fantastic fellow class mates. Take the plunge into a new routine and be a part of this class.

#### A GUITAR AND GOSPEL MUSIC PROGRAM PLANNED FOR AUGUST 14

Faye Garrett has offered to volunteer to play the guitar and sing gospel music on Tuesday, August 14 from 10:00-11:00. Faye has written several pieces of religious music pieces and she will share some of those with us on August 14.

We hope you'll come and support Faye in her volunteer efforts of sharing her music talent with us.

#### FOOT CARE CLINIC SIGN-UPS ARE BRISK

Grace Health Services is continuing to provide the foot care trained registered nurse for our foot care clinic and we couldn't be happier. If you have not taken advantage of the clinic yet, you may do so by making an appointment in the notebook at the table by the front window. Appointments are every 15 minutes.

#### PLEASE USE TABLE FLATWARE TO SCRAPE FOOD SCRAPS FROM TRAY

Please use your fork or spoon to scrape and discard any food scraps left on your tray, then deposit your flatware into the bucket. This helps with the temptation to bang the tray against the trash can. Thank you for your cooperation with this helpful gesture.

#### SCHOOL WILL BE STARTING, WATCH FOR BUSES AND SMALL CHILDREN

As we approach that exciting time of Back-To-School, please be cautious and aware of stopped buses and small children darting from behind cars to run to the bus. Slow down and be alert and aware of your surroundings.

School starts back in Cape on August 16 for public school.

#### MEMBERSHIP MEETING AUGUST 27

On Monday, August 27 at 11:00 a.m., we will hold the annual Membership Meeting where the Nominating Committee will present the proposed slate for the election and take nominations from the floor.

If you would like to nominate someone for a Board position, that person needs to be present to accept the nomination and agree to run. So please, talk to that person in advance and have them present or have in writing that they agree to the nomination.

#### FIVE FRIDAYS OF BINGO IS FIVE OPPORTUNITIES FOR FUN!

We have great Friday Bingo sponsors and I hope you take time to tell them how much we appreciate them. The time they are away from their work and employers is a generous gift to all of us, not to mention the prizes they provide. Invite your table mates to stay and play Bingo with you. Share the fun!!!

#### MEMORIAL GIFTS GIVEN DURING THE MONTH

A memorial gift was given in memory of Louise Wallace by Marjorie Hildebrand.

A memorial gift was given in memory of Mildred Conrad by Susan McClanahan.

Memorial gifts given in memory of long-time, dedicated meal delivery volunteer Don Fadler, by Fern Schlimme and Susan McClanahan.

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.