

JANUARY 2018 CALENDAR OF EVENTS

- 1 New Year's Day holiday! center Closed
- 2 Site Council, 9:00, Take down the Christmas tree and decorate for January
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 3 Dominoes, 8:00
- 4 Nutrition Education, 10:00, Ann Knight from University of Missouri Columbia
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 5 Weight Sense, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 8 Board Meeting, 12:15
- 9 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 10 Dominoes, 8:00
Trendsetters Beauty Bingo, 10:30
- 11 Bingo, 10:00, The Audiology Center has had all new Bingo cards made for us and will present them to us and we'll play Bingo with Dr.'s Cathy Willen, Steve Brown and Trent Essner.
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 12 Weight Sense, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Broadway Prescription Shop
- 15 Center Closed for Martin Luther King, Jr. holiday
- 16 Birthday Bingo, 10:15, Sponsored by Montgomery Bank
Birthday Party, cake provided by Crown Hospice
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 17 Dominoes, 8:00
Blood Pressures, 10-11:00, sponsored by Crown Hospice
- 18 Apple Project Paperwork Service, 10:30
Raffle, 11:45
- 19 Weight Sense, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Saxony Village and The Lutheran Home, Scott Sprandel
- 23 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 24 Dominoes, 8:00
Trendsetters Beauty Bingo, 10:30
- 25 Apple Project Paperwork Service, 10:30
Raffle, 11:45
- 26 Weight Sense, 9:45
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, The Villas of Jackson Assisted Living
- 30 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 31 Dominoes, 8:00

CENTER CLOSED FOR HOLIDAY OBSERVANCES

The Senior Center will be closed for New Year's Day and Martin Luther King, Jr. holiday on January 15.

INCLEMENT WEATHER CLOSING INFORMATION

Should we have any winter weather that would cause the Senior Center to have to close, it will be on KFVS12 television early in the morning, and also on KZIM AM 960 radio. If Cape Public Schools have to close for inclement weather, we will also close, as we follow their closing practices.

And of course, if in doubt, don't chance it...a broken hip or injury is not a fun way to spend the winter.

THE AUDIOLOGY CENTER DONATES NEW BINGO CARDS TO CENTER

The Audiology Center has had new Bingo cards printed for the Center to use at any Bingo games we may play.

We will play Bingo on Thursday, January 11 at 10:00 using the new cards, and prizes will be given by The Audiology Center and Dr.'s Cathy Willen, Steve Brown and Trent Essner.

QUARTERLY NUTRITION EDUCATION PLANNED FOR JANUARY 4, 10:00 A.M.

Ann Knight, with The University of Missouri-Columbia will be with us to do our required quarterly nutrition education. We never know what Ann will be cooking up for samples and tasting of healthy snacks and foods. Plan to be with us on January 4, at 10:00 am.

MONETARY GIFTS GIVEN TO THE SENIOR CENTER THIS MONTH

A gift was given in honor of Mrs. Joan Weeks for her long time volunteer service to the Senior Center as a Christmas remembrance, given by Evelyn Finney.

A Memorial gift was given to the Senior Center in memory of Hester Gray by Jo Ann Bock.

HAPPY NEW YEAR FROM YOUR BOARD MEMBERS AND STAFF

As we begin a new calendar year, all of us here at the Center wish each of you a very Happy New Year! May you be blessed abundantly with much health and happiness in the upcoming new year.

The Senior Center is always in need of your time and resources.
Please remember your Senior Center when making your final arrangements.