

May 2018 CALENDAR OF EVENTS

- 1 Site Council 9:00 am to decorate, meeting immediately following
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 2 Dominoes, 8:00
- 3 Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 4 Weight Sense, 9:00 am
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 7 Grace Reliant FUN Activity! 10:45
- 8 AFEP Exercise Class, 9:45-10:30
- 9 Dominoes, 8:00 am
Beauty Bingo, 10:30
- 10 Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
6th Grade Tiger Lilies visit and lunch, 11:00
- 11 Spring and Mother's Day HAT DAY! Everyone, men and women, are asked to wear a hat to
celebrate Mother's Day and Spring! They can be fun, silly, pretty, elegant, casual, sports or military
themed.... just wear to hat for fun! MEN, we will excuse you for this day to wear your hat indoors.
Weight Sense, 9:00 am
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Broadway Prescription Shop
- 14 Board Meeting, 12:15
- 15 AFEP Exercise Class, 9:45-10:30
- 16 Dominoes, 8:00
Blood Pressures, 10-11:00, Crown Hospice
- 17 Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
5th Grade Tiger Lilies visit and lunch, 11:00
- 18 Weight Sense, 9:00 am
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, Saxony Village
- 21 Birthday Bingo, 10:15, Montgomery Bank
Birthday Party, 11:00, cake provided by Crown Hospice
- 22 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Toenail Trimming and Foot Care Clinic, 9-2:00, sign-up for appointment in notebook at small table
by the front door window, \$5 Basic Care, \$15 Ultra Spa Care
VNA FUN Activity! 10-11:00
- 23 Dominoes, 8:00
Beauty Bingo, 10:30
- 24 Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45

- 25 Weight Sense, 9:00 am
Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
Bingo, 12:30, The Villas of Jackson, Assisted Living
- 28 Center Closed for Memorial Day holiday... Decoration Day!
- 29 Arthritis Foundation Exercise Program (AFEP), 9:45-10:30
- 30 Dominoes, 8:00
- 31 Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45

MONTHLY FOOT CARE AND TOENAIL TRIMMING HERE AT OUR CENTER

On the fourth Tuesday of each month, we will offer toenail trimming clinic and foot care counseling. Grace Health Services will provide a Registered Nurse to come and trim toenails, look at your feet for special care tips, offer suggestions for shoe and sock use, and for a small additional charge, you can get a foot soak and hot oil treatment.

Appointments are required, so please sign-up in the notebook at the small table by the front door window. Appointments are every 15 minutes and please use the morning appointments first before we fill in the afternoon appointments.

We have had several people ask about this opportunity, and it took some work to get the details worked out, so please utilize this service we have arranged for you.

NEW SPONSORS OFFER FUN ACTIVITIES

We have a couple of new activity sponsors for you to enjoy. Each month Grace Reliant will be with us on the first Monday, and VNA will be here on the fourth Tuesday. Each sponsor will offer a different activity each month, so you'll want to come to each of them as they will be different every time.

Come and enjoy what each of these sponsors have planned for you.

SITE COUNCIL WOULD LOVE TO HAVE YOU JOIN THEM

The center's Site Council meets the first Tuesday of each month to change the table decorations and talk about parties, the birthday party and activities they might plan for that month. You will not be out any money, we just hope you'll share a little bit of your time.

Please come and be with us on Tuesday, May 1 at 9:00! Thank you!!!

HAT DAY PLANNED FOR FRIDAY, MAY 11

To welcome Spring and Mother's Day we will have a fun Hat Day activity on Friday, May 11.

Men and women alike, are asked to wear their favorite hat; stylish, pretty, elegant, silly, funny, sporty, new or well worn, it doesn't matter what you have to wear, ... this is your day!

MEN, we will excuse you this one day from proper etiquette to allow you to wear your hats inside. :)

There will be no prizes given, just a lot of fun conversation and discussion about each hat worn.

MEMORIAL DAY GIFTS TO THE SENIOR CENTER

May and Memorial Day is the perfect time to give a monetary gift to your senior center in memory of someone who you remember at this time, and always.

A gift in memory of a family member, a close friend, a senior center friend or volunteer... whatever your situation, a monetary gift helps the center in so many ways.

Your gifts may be turned in to the office for full credit.

MEMORIAL GIFTS GIVEN TO OUR SENIOR CENTER'S FOUNDATION

A memorial gift was given in memory of Edna Murphy by James and Jessica Powell.

Memorial gifts were given in memory of Gary Estes and Dale Nelson by Marlene Cloude.

A gift honoring the 90th birthday of Joan Weeks was given by her daughter, Melissa Weaver.

Memorial gifts were given in memory of Virginia Duncan, mother of our meal delivery volunteer Carol Umfleet, given by Joseph and Jill Driscoll, Chet and Yana Stoll, and Daphine Willingham.

A memorial gift was given in memory of Mary Ellen Wilson by Marlene Cloude.

The Senior Center is always in need of your time and resources.
Please remember your Senior Center when making your final arrangements.