

SEPTEMBER 2018 CALENDAR OF EVENTS

- 3 Center Closed for Labor Day holiday! See you tomorrow!!!
- 4 Grace Reliant Fun Activity!!! 10:45, Come for an fun activity provided by Grace Reliant Site Council 9:00 am to decorate, meeting immediately following
Exercise Class, 9:30-10:15
Center's Annual Election if needed, 9-1:00 in the Dining Room
- 5 Dominoes, 8:00
- 6 Exercise Class, 9:30-10:15
Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 7 Weight Sense, 9:00 am
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 10 Board Meeting, 12:15
- 11 Exercise Class, 9:30-10:15
- 12 Dominoes, 8:00 am
Beauty Bingo, 10:30
- 13 Nutrition Education, Ann Knight, University of Missouri-Columbia, all morning
Exercise Class, 9:30-10:15
Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 14 Kindred at Home, Fun Activity!!! 10-11:00
Weight Sense, 9:00 am
Bingo, 12:30, Broadway Pharmacy
- 17 Birthday Bingo, 10:15, Montgomery Bank
Birthday Party, 11:00, cake provided by Crown Hospice, please sign up if you plan to attend and sit at the birthday table
- 18 Exercise Class, 9:30-10:15
- 19 Dominoes
Blood Pressures, 10-11:00, Crown Hospice
- 20 Exercise Class, 9:30-10:15
Bible Study
NO APPLE Project Paperwork Service today
Raffle, 11:45
- 21 Weight Sense, 9:00 am
Bingo, 12:30, Saxony Village
- 24 Membership Meeting, 10:45 am, Board Members and Officers Installation Ceremony
- 25 Grace Health Services, Foot Care Clinic, sign up for appointment
VNA Fun Activity! 10-11:00, come and see what VNA has in store for you today! It is always a great time!
Exercise Class, 9:30-10:15
- 26 Dominoes, 8:00
Beauty Bingo, 10:30
- 27 FLU Clinic, 10-12:00, bring Medicare card and wear a short-sleeved shirt if possible
Exercise Class, 9:30-10:15

- Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
28 Weight Sense, 9:00 am
Bingo, 12:30, The Villas of Jackson, Assisted Living

EXERCISE CLASS SHIFTING 15 MINUTES

The Tuesday-Thursday exercise class will be shifting its time to 9:30 to 10:15 to accommodate those who would like to attend the Bible study on Thursdays. It is only 15 minutes, but will allow those wishes to attend both to do so. Our instructors, Marie and Peggy were happy to work with us and make this happen.

Anyone is welcome to attend, so start the back-to-school season and fall season off with a good exercise program. There is no charge to you for the class.

ANNUAL FLU SHOT CLINIC PLANNED FOR LATE SEPTEMBER

The center offers flu shots each fall and this year's date is planned for Thursday, September 27. If your doctor tells you to get it after October 1, this clinic will be just fine. The new, improved vaccine lasts far longer than former vaccines and will still last way into the late spring. So, bring your Medicare card with you, try to wear a short-sleeved shirt, and come on Thursday, September 27. Broadway Pharmacy will have plenty with them and will stay until everyone has been seen. There is no need for everyone to be at the center at 10:00 as they will have plenty and stay longer if needed. See you on the 27th!

ANNUAL ELECTION WILL BE HELD IF NEEDED

The Nominating Committee has worked to fill the board member and officers positions for the upcoming year. If we need to hold an annual election, it will be Tuesday, September 4 from 9-1:00 in the Dining Room. Currently we do not have more people running for positions than we have to fill. But, if there are additional people nominated from the floor at the Membership Meeting, we'll hold an election to fill each position by election ballot.

SPONSORS HELP PROVIDE ACTIVITIES AND PROGRAMS FOR YOU

Each month we have so many people and companies who help provide activities and programs for you to enjoy. This month we welcome Kindred At Home as a new sponsor for a fun activity and a fall prevention program.

Please remember all of our sponsors when you need good or services in your personal lives.

MEMORIAL GIFTS RECEIVED DURING THE MONTH

In memory of Peggy Barks given by Anita Dickerson.

In memory of Don Fadler given by Marlene Cloude and Mike Matzen.

In memory of Louise Wallace given by Carole Morgan.

WE ARE STILL LOOKING FOR CHESS PLAYERS

Do you play Chess? We are looking for Chess players who would like to play here at the center. There is a sign-up sheet at the front door if you are interested.

FOOT CLINIC SIGN-UPS ONGOING

The monthly foot care clinic sign-up notebook is by the front door for you to make your appointment. Book early for your September, October and November appointments. A representative from the company will do a reminder phone call a day or two before the clinic as a reminder.

DON'T FORGET....

- We have meal tickets available in the office that do not expire and are so convenient because you don't have to worry about having cash on hand.
- Save aluminum cans for the Foundation fundraiser each month.
- **DO NOT** throw away your table flatware, salad bowls or cups. Everyday we find our coffee cups, black salad bowls and silverware in the trash. Be very attentive when scraping your tray and putting items in the washing window.

The Senior Center is always in need of your time and resources.
Please remember your Senior Center when making your final arrangements.