

APRIL 2019 CALENDAR OF EVENTS

- 2 Site Council 9:00 am to decorate, meeting immediately following
Exercise Class, 9:30
AARP Tax Aide, 6-8:30 pm
- 3 Dominoes, 8:00 am
Women's Bible Study, 1:30
- 4 St. Louis Cardinals Home Opener activity, 10:30
Blood Pressures, 10-11:00, Broadway Pharmacy
Exercise Class, 9:30
Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 5 Weight Sense, 9:00 am
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 8 Board Meeting, 12:00
- 9 Exercise Class, 9:30
AARP Tax Aide, 6-8:30 pm
- 10 Dominoes, 8:00 am
Beauty Bingo, 10:30
Women's Bible Study, 1:30
- 11 VJ Music live band, live music and wonderful entertainment, 10-11:15, You won't want to miss this!
Easter Bonnet Day! Dress up, Wear your Easter Bonnet, and come to listen to the music!!!
Exercise Class, 9:30
Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 12 Weight Sense, 9:00 am
Bingo, 12:30, Broadway Pharmacy
- 15 Birthday Bingo, 10:15, Montgomery Bank
Birthday Party, 11:00, cake provided by Crown Hospice, please sign up if you plan to attend and sit at the birthday table
- 16 Exercise Class, 9:30
- 17 Dominoes
Blood Pressures, 10-11:00, Crown Hospice
Life Care Center Fun Activity, 10:30
Women's Bible Study, 1:30
- 18 Snacks and Learn program... "Long Term Care: How Will You Fund It?", sponsored by Americare, 10-11:00. A program to answer your questions about funding long term care and then a period of time allotted for questions and answers. Refreshments will be provided. Please **SIGN UP** on the sheet by the front door so they know how many refreshments and materials to bring.
Exercise Class, 9:30
Bible Study
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 19 Center Closed for Good Friday. Have a nice Easter weekend break.
- 22 VIP Shredding Event, 10 am to 1 pm, FREE, with no limit

- 23 Grace Health Services, Foot Care Clinic, sign up for appointment
VNA Fun Activity! 10-11:00, come and see what VNA has in store for you today! It is always a great time!
Exercise Class, 9:30
- 24 Dominoes, 8:00
Beauty Bingo, 10:30
Women's Bible Study, 1:30
- 25 Center will Close Early today~~ Susan is at the annual Administrator's Retreat
Exercise Class, 9:30
Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 26 Weight Sense, 9:00 am
Bingo, 12:30, The Villas of Jackson, Assisted Living
- 30 Exercise Class, 9:30

CARDINALS HOME OPENER FUN ACTIVITY PLANNED

In celebration of the St. Louis Cardinals season starting up again, we'll celebrate the season's home opener on Thursday, April 4. Wear your Cardinals shirt, or anything red and we'll have popcorn and peanuts for you while we enjoy a fun activity or game. Who knows, we may even sing Take Me Out To The Ballgame! Come and enjoy this grand slam activity! Play Ball!!!

EASTER BONNETS AND LIVE MUSIC GO WELL TOGETHER!

On Thursday, April 11, we have VJ Music coming to play for us at 10:00 and they are very entertaining. Bring a friend and tap your foot or get up and dance while they entertain us until 11:15.

This is also Easter Bonnet Day so wear your pretty hats and dress up if you like, but do come and enjoy lunch and live music.

BLOOD PRESSURES OFFERED TWICE THIS MONTH

There are two blood pressure clinics offered this month; April 4 and April 17, both at 10:00.

Broadway Pharmacy and Crown Hospice both come to offer you this opportunity to keep a close check of your blood pressure readings each month. Take advantage of this service while they are here in our building.

LONG TERM CARE: HOW WILL YOU PAY FOR IT? APRIL 18, 10:00

On Thursday, April 18 at 10:00, we will offer a program on Long Term care and funding that stay. a representative from Americare will be with us to present and then will be available to answer questions you might have. Because she is bringing refreshments and printed materials, please **SIGN UP** on the sheet by the front door so we know how many to plan for.

HONORARIUM GIFTS AND MEMORIAL GIFTS RECEIVED THIS MONTH

Gifts were received this month in honor of the 91st birthday of Joan Weeks from Drew and Shelby Weeks and Evelyn Finney.

Memorial gifts received in memory of Phillips Brown were given by: William and Mary Young, Yasmin and R. Hope Richmond, Kilja Israel, Joan and Rob Weeks, Marlene Cloude, John and Melinda Putz, Dean Hecht, William and Nancy Allen, Ione and Kirk Brown, and Susan McClanahan.

A memorial gift was given in memory of Paul Griffin by Marlene Cloude.

VIP INDUSTRIES SECURE PAPER SHREDDING EVENT MONDAY APRIL 22!

Bring your papers to be shredded between 10 am and 1 pm. There is no limit. This is a free service of VIP Industries and offered to you as a service from your senior center.

Spring clean and get rid of old, unused and unwanted papers.

The Senior Center is always in need of your time and resources.
Please remember your Senior Center when making your final arrangements.