

JUNE 2019 CALENDAR OF EVENTS

- 4 Site Council 8:30 am to decorate, meeting immediately following
Exercise Class, 9:30
- 5 Jan Chamberlain Art Show, Photography Exhibit, refreshments this day only
Dominoes, 8:00 am
Women's Bible Study, 1:30
- 6 Jan Chamberlain Art Show, Photography Exhibit
Exercise Class, 9:30
Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 7 Jan Chamberlain Art Show, Photography Exhibit
Weight Sense, 9:00 am
Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 10 Board Meeting, 12:15
- 11 Exercise Class, 9:30
- 12 Dominoes, 8:00 am
Beauty Bingo, 10:30
Women's Bible Study, 1:30
- 13 VJ Music live band, live music and wonderful entertainment, 10-11:15, You won't want to miss this!
Exercise Class, 9:30
Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 14 Flag Day! Wear your patriotic colors to lunch
Weight Sense, 9:00 am
Bingo, 12:30, Broadway Pharmacy
- 17 Birthday Bingo, 10:15, Montgomery Bank
Birthday Party, 11:00, cake provided by Crown Hospice, **please sign up if you plan to attend and sit at the birthday table**
- 18 Exercise Class, 9:30
- 19 Dominoes, 8:00
Blood Pressures, 10-11:00, Crown Hospice
Life Care Center Fun Activity, 10:30
Women's Bible Study, 1:30
- 20 S.A.F.E. Fire Safety program, 10:30, Cape Fire Fighters, Please plan to attend
Exercise Class, 9:30
Bible Study
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 21 Weight Sense, 9:00 am
Bingo, 12:30, Saxony Village and The Lutheran Home, Scott Sprandel
- 25 Grace Health Services, Foot Care Clinic, sign up for appointment
VNA Fun Activity! 10-11:00, come and see what VNA has in store for you today! It is always a great time!
Exercise Class, 9:30

- 26 Dominoes, 8:00
Beauty Bingo, 10:30
Women's Bible Study, 1:30
- 27 F & DJ Band, 10:00-11:15, live music for your enjoyment, bring a friend with you to enjoy the music and lunch
Exercise Class, 9:30
Bible Study, 10-11:00
APPLE Project Paperwork Service, 10:30
Raffle, 11:45
- 28 Weight Sense, 9:00 am
Bingo, 12:30, The Villas of Jackson Assisted Living

ART SHOW AND PHOTOGRAPHY SHOW, JUNE 5-7

Our very own senior center participant, Jan Chanberlain, will be holding a photography exhibit show here in our center during June 5-7. The prints will not be for sale, but for exhibition and for your enjoyment.

The star of the show is the Eisenhower Ash Tree that stood on the corner of Dunklin and Caruthers Streets until a storm took it down. There will be 30 panels representing different views of the tree taken over four months, some of which have been enhanced with acrylic paint.

Invite your friends to come and experience her excellent work. Light refreshments will be offered on Wednesday of the show. Eat a cookie, look at the tree and enjoy.

LIVE BANDS WILL VISIT US TWICE IN JUNE

We will enjoy two days of live music in June. VJ Music will be with us on June 13, and F & DJ Band will be at the Center on June 27. Both of these talented groups are just wonderful and you just cannot help yourself from tapping your toes or even singing along. Mark your calendar and plan to be to the center by 10:00 am to enjoy a full hour of their great music.

FLAG DAY IS JUNE 14; SPORT YOUR PATRIOTIC ATTIRE

As we celebrate our national flag on June 14 as Flag Day, we invite you to wear your red, white and blue colors as we stand to Pledge Allegiance to the Flag before lunch. Be here by 11:00 to join in with us.

S.A.F.E. ... SENIORS AND FIREFIGHTERS ENVOLED

The local Cape Girardeau chapter of S.A.F.E. will be with us on Thursday, June 20, to present an interesting program on Fire Safety for Seniors and to talk about their free smoke detector program. The program will be from 10:30 to 11:00, allowing time for questions before we start lunch. Please plan to attend this interesting program and invite friends to come with you! Local Fire Inspector Ivan LeGrand will be among the speakers.

BIRTHDAY PARTY IS FOR YOU TO ENJOY, PLEASE SIGN UP AND ATTEND

Last month's birthday party wasn't much of a party... there were a few signed up to attend, but not one single person showed up for the party. The Site Council volunteers set the birthday table, Montgomery Bank showed up to play Birthday Bingo, Crown Hospice brought the birthday cake, the Site Council had plates, forks and napkins ready.... and not one person came.

PLEASE, when it is your birthday month and you want to come to the party, sign up and then put it on your calendar so you'll remember to come. If you do not plan to come and sit at the birthday table, then please just don't sign up. The Site Council thanks you for your cooperation.

V.O.V. ... VOLUNTEERS ON VACATION

Each summer, your senior center is in critical need of volunteers. Many of our regular volunteers take vacations or will be babysitting children over the summer, so we are very short of help all summer.

SURELY, you may know someone who you could invite to come and help volunteer at this senior center. A family member, a friend, a child or grandchild who needs something to do, a neighbor, a friend from church, or maybe even yourself! Helpers are needed in the kitchen, at the front desk and to help deliver meals.

The center owns mini vans and we buy the gas, we just need willing, caring people to help ride along and take the meals to the doors of the homes we deliver to.

Please help us find additional volunteers today!

The Senior Center is always in need of your time and resources.
Please remember your Senior Center when making your final arrangements.