

## MAY 2019 CALENDAR OF EVENTS

- 1 Dominoes, 8:00
- 2 Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 3 Weight Sense, 9:45  
Bingo, 12:30, Edward Jones, Timothy R. Domian, Financial Advisor
- 7 Site Council, 9:00, anyone is welcome to attend  
Exercise Class, 9:45-10:30
- 8 Dominoes, 8:00  
Trendsetters Beauty Bingo, 10:30  
Women's Bible Study, 1:30
- 9 Spring visit from the Tiger Lilies, 11:00  
Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 10 Weight Sense, 9:45  
Bingo, 12:30, Broadway Prescription Shop
- 13 Board Meeting, 12:15
- 14 Nutrition Education, Ann Knight, University of Missouri Extension, all morning  
Exercise Class, 9:45-10:30
- 15 Blood Pressures, 10-11:00, Crown Hospice  
Lifecare Center FUN Activity, 10:30  
Dominoes, 8:00  
Women's Bible Study, 1:30
- 16 Everything You Need To Know About Hearing Loss and Hearing Aids But Were Afraid To Ask,  
New Technology, 10:30, sponsored by Sound Advice: Dr. Cathy Willen and Dr. Trent Essner  
Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 17 Weight Sense, 9:45  
Bingo, 12:30, Sponsored by The Lutheran Home and Saxony Village
- 20 Birthday Bingo, 10:15, sponsored by Montgomery Bank  
Birthday Party, 11:00, cake provided by Crown Hospice
- 21 Exercise Class, 9:45-10:30
- 22 Dominoes, 8:00
- 23 Ameren Missouri Lunch and Learn: Learn about Budget Billing, Text Alerts, Energy Assistance,  
Energy Efficiency and much more! 11-1:00  
Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 24 Weight Sense, 9:45  
Bingo, 12:30, The Villas of Jackson Assisted Living
- 27 Center Closed for Memorial day... see you tomorrow!
- 28 Exercise Class, 9:45-10:30  
VNA Fun Activity, 10-1:00; come on in and enjoy some fun before lunch

- 29 Dominoes, 8:00 am  
Women's Bible Study, 1:30
- 30 Bible Study, 10-11:00  
Exercise Class, 9:45-10:30  
APPLE Project Paperwork Service, 10:30  
Raffle, 11:45
- 31 Weight Sense, 9:45  
Bingo, 12:30, GWRRA Chapter I

#### HEARING LOSS AND HEARING AID TECHNOLOGY PROGRAM

Sound Advice is sponsoring an educational program with Dr. Cathy Willen and Dr. Trent Essner entitled "Everything You Need To Know About Hearing Loss And Hearing Aids But Were Afraid To Ask" on Thursday, May 16 at 10:30. They will present an easy to understand program on new technology and general overall information regarding hearing loss. Mark your calendar to attend!

#### AMEREN MISSOURI HOSTING AN ENERGY - EDUCATIONAL EVENT

Ameren Missouri employees will be with us for 2 hours on May 23 to present a short program and then be available at stations to talk with you and answer questions regarding Budget Billing, Text Alerts, Energy Assistance, Energy Efficiency and much more. These trained professionals will be coming from St. Louis and surrounding area so we want to have a big turnout from our center.

Please come and support these Ameren Missouri employees in their efforts to educate all of us.

#### CENTER CLOSED FOR MEMORIAL DAY HOLIDAY

The center will be closed on Monday, May 27 for the Memorial Day holiday. We will see you tomorrow as we return to regular business hours.

#### PLEASE USE TABLE FLATWARE TO SCRAPE FOOD SCRAPS FROM TRAY

Please use your fork, spoon or the provided rubber scraper to scrape and discard any food scraps left on your tray, then deposit your flatware into the bucket. This helps with the temptation to bang the tray against the trash can. PLEASE be conscious and alert about what goes into the trash and what doesn't.

Thank you for your cooperation with this helpful gesture.

#### MEMORIAL GIFTS GIVEN TO THE CENTER

Memorial gifts given to the center in memory of John Schorie were given by friends at Table 4 and 5, Jim Govreau and Susan McClanahan.

The family and friends of Phillips Brown arranged for a Facebook fundraiser in memory of their father and friend. To date more than 47 people have contributed to that memorial fundraiser. Unfortunately, Facebook's Network for Good does not provide us with a list of the specific donors by name. But we know there are many people who loved and thought so much of Phillips and cared enough about the center to make a lasting memorial gift.

#### THE TIGER LILIES WILL BE WITH US ON MAY 9

The Tiger Lilies, students from the Middle School, will be with us for lunch on May 9. These young ladies are a part of a group that works on social skills, manners and social communication, among other things. Please invite them to your table, talk with them, ask them questions to engage them in conversation and above all, help them feel welcome to our center. We want to show these young ladies how wonderful adults can be and we want to be good role models for them for the day.

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.