

## DECEMBER 2021 CALENDAR OF EVENTS

- 1 Chair yoga exercise, 9:30... note time change!!!
- 2 Blood Pressures and Blood Sugars, 10-12:00 noon, Legacy Hospice  
Exercise Class, 9:30-10:15  
Bible Study, 10-11:00  
Raffle, 12:45
- 3 Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 7 Site Council 8:30 am to decorate, meeting immediately following  
Exercise Class, 9:30-10:15
- 8 Chair yoga exercise, 9:30... note time change!!!
- 9 Exercise Class, 9:30-10:15  
Bible Study, 10-11:00  
APPLE Project Paperwork Service, 10:00 am  
Raffle, 12:45
- 10 Bingo, 12:30, Broadway Pharmacy
- 13 Board Meeting, 12:45
- 14 Exercise Class, 9:30-10:15
- 15 Chair yoga exercise, 9:30... note time change!!!  
Blood Pressures, 10-11:00, crown Hospice  
Set tables for tomorrow's dinner, 12:30
- 16 Christmas Dinner, 11:00-12:30, suggested \$5 contribution  
Exercise Class, 9:30-10:15  
Bible Study, 10-11:00  
Draw for the quilt, but no Thursday raffle  
Tear down the dining room, 12:30
- 17 Bingo, 12:30, Saxony Village
- 20 Exercise Class, 9:30-10:15
- 22 Exercise Class, 9:30-10:15
- 23 Christmas break, Center Closed
- 24 Merry Christmas! Center Closed
- 28 Exercise Class, 9:30-10:15
- 29 Chair yoga exercise, 9:30... note time change!!!
- 30 Exercise Class, 9:30-10:15  
Bible Study, 10-11:00  
Raffle, 12:45
- 31 Center Closed for the New Year holiday, observed

### **BIG NEWS ANNOUNCEMENT!!!**

#### SUGGESTED CONTRIBUTION GOING TO \$4.00 TO MEET RISING COSTS JANUARY 2022

The senior center's suggested contribution has been the same amount for about 15 years.... way too long without an increase. It Is Time!!! With the rising costs of producing the meals, it has become necessary to increase the contribution rate to \$4.00 starting in January.

Remember, you are NOT paying for your meal... you are helping to pay the actual cost of the meal by contributing your part of \$4.00. The actual cost of the meal to produce is \$6.70. This \$6.70 includes food, salaries, utilities, rent, cleaning supplies, copy paper, office supplies, toilet paper... yes, everything it takes to be open and produce and serve the meals to senior adults. We grant write and fundraise to make up the difference to keep your part at a very affordable cost.

You cannot eat out anywhere else for \$4.00 and get an entree, 2 sides (sometimes 3), a dessert and a drink, with no tax and no tip, for \$4.00.

Thank you for being so supportive and understanding by making your \$4.00 contribution toward the cost of the meal to keep this program alive and well.

### **SPECIAL THANKS TO SITE COUNCIL LADIES!**

The center has a very small group of wonderful, dedicated women who do a lot more than you know. This time of year they are especially busy, and we owe so much thanks to them!

These women set the dining room so beautiful for Thanksgiving and Christmas dinners and host the bake sale as their only fundraiser for the year. They change table decorations, put up the Christmas Tree and take it down, and much, much, more!

Ladies, we ALL thank you so much for ALL you do! We appreciate you!

As a nudge to everyone... the Site Council is ALWAYS looking for more members and helpers. They meet the first Tuesday of the month, so come and join in on the fun!

The Fall Bake Sale brought in just right at \$500 for the Site Council. This will be their operating money for the upcoming year.

### **INCLEMENT WEATHER MAY CAUSE CENTER TO HAVE TO CLOSE**

As we have already seen, there may be times when winter inclement weather may cause school to cancel, and to close the senior center. The Cape Senior Center follows the Cape Public Schools closing schedule for weather, so if they close due to winter weather, we will also close.

Many times it may not be the parking lot or the streets that may be bad, it is the sidewalks, steps and porches of 200 homes we deliver meals to. We do not want to put our volunteers in harm's way to deliver meals and have to walk on dangerous conditions. PLEASE, watch the TV or listen to the radio for school closings and know that if the Cape Public Schools close, we will, too.

### **MEMORIAL GIFTS GIVEN DURING THE MONTH**

A memorial gift was given in memory of Donn Meyer Marlene Cloude.

### **WATCH FOR EARLY CLOSINGS IN DECEMBER FOR STAFF LUNCH AND VACATIONS**

The center may be closing early on a few days due to the staff Christmas luncheon and staff vacations. Be watching for signs at the front desk as you sign-in and on the chalkboard near the tray return window for dates for early closings in December. Thank you!!!

### **WANT TO GET A JUMP ON THE NEW YEAR? JOIN BUCK-A-MONTH NOW!!!**

The Foundation depends on your financial support for repairs and upkeep of our wonderful building. A simple way to give is to give \$1 a month.... a simple \$1 per month! Everyone can do that much!

If 150 people would give just \$1 a month that would add up to \$1,800 a year!

If 200 people would give just \$1 per month, that would be a wonderful \$2400 per year! WOW! Look what the foundation could do with repair and upkeep funds!!!

The Senior Center Foundation challenges you and your friends to join now and give your \$1 per month!!!

**Merry Christmas from all of the senior center staff and board members,  
and the very happiest of New Year well wishes to you and yours!**

The Senior Center is always in need of your time and resources.  
Please remember your Senior Center when making your final arrangements.