

Cape Senior Center newsletter items.... MAY 2021

CENTER CLOSED FOR MEMORIAL DAY HOLIDAY

The center will be closed on Monday, May 31 for the Memorial Day holiday. This day is set aside as a holiday to remember loved ones who have gone before us and especially those who died serving our country in military service.

We will see Tuesday with drive-up, curbside service as we return to "regular" business hours on Tuesday.

MEMORIAL DAY GIFTS CAN BE GIVEN TO OUR SENIOR CENTER

All month long, the center will be accepting your memorial gifts in memory of loved ones as a thoughtful and long-lasting memorial to them. Some may choose to donate a memorial gift instead of doing flowers at the cemetery for Memorial Day. We thank you in advance for your thoughtful and generous response to honor those you love on this Memorial Day.

For many years this Senior Center has relied heavily on monetary gifts given in memory of a friend, neighbor or loved one. The person does not have to have been a member of this Center for you to honor their memory.

Memorial gifts are a wonderful way to provide a lasting memory of someone.

Your gifts can be mailed in or hand delivered through the curbside pick-up area. **THANK YOU!!!**

OUR STAFF IS AMAZING!!!

During this past year our kitchen and office staff have done an amazing job of rolling with the flow. We've had new paperwork, reports, a change in bookkeeping because of how we have to code and track these COVID19 meals served during the time the center is "closed". It has been a learning curve, but we're doing great!

The kitchen staff had to reinvented the wheel overnight with curbside pick-up of meals and we've made it a whole year now. Everyone has pitched in and they are a team to get it all done. We are so very blessed to have an amazingly wonderful group of cooks and kitchen workers!

THREE CHEERS for the VOLUNTEERS! Many of the meal delivery volunteers have stayed with us as well as some of the kitchen volunteers. *Our hearts are full of THANKS and GRATITUDE for ALL you do!!!*

Volunteers are truly the heart of our center and have carried us through this past year! We can't thank you enough for serving the senior adults in our community so well!

MEMORIAL GIFTS GIVEN TO THE SENIOR CENTER

A memorial gift was given in memory of Mary Pelts by Robert and Brenda Parks.

A memorial gift was given in memory of Betty Higgins by L. Bernita Davenport.

BUCK-A-MONTH THANKS YOU FOR YOUR GIFTS

The annual Buck-A-Month fund drive is well underway and many of you have supported us through this simple way of giving. This is truly a buck-a-month, per person, per year. Only \$12 per person or \$24 per couple really adds up when everyone helps by doing their part. **THANK YOU!**

People who have joined the buck-a-month club since last month include: Carl and Barbara Blanchard, Judy Niswonger, Carla and Robert Fisher, Ron and Patsy Beasley, Nova Newton, and "anonymous".

APRIL STARTED THE SPRING AND SUMMER MENU CYCLE

In April, our senior center started the spring and summer menu cycle. We receive our menu from Aging Matters and their registered dietician. This menu is for us to serve on a 5-week cycle for 6 months. The dietician's menu plan does not include any dessert other than fruit, so we add a dessert as an option for you.... we don't have to, but we do! That's how you get coconut cream pie, blackberry cobbler, cakes, cookies and pies! The same goes for the second entree' choice. The dietician's menu does not include a second entree' choice, we add that as a courtesy to give you a choice and an option. Again, we don't have to.... but we do!

So, if you have an entree' that you would like to see on the menu, drop us a line or tell us through the drive-thru and we can see about adding it to the menu. It can be tricky to add a main dish that needs to go with the sides that the dietician already has on the menu, but we'll sure try. Some entrees go better with some sides over

others... so it isn't as easy as it may seem. We also have to look at how it will pack for the over 200 home deliveries we do each day and about 130 per day drive-thru meals.

This is why it is vital and so very important for you to contribute at least the suggested \$3.00 contribution rate. The actual cost of the meal is just over \$6.00, so your contributions of \$3.00 toward the cost of the meal or more are vital to our program. Thank you ALL for doing your part to help us keep our contribution rate so low and still offer a choice of entree' and dessert. When everyone does their part, great things happen!