

OCTOBER 2021

- 1 Bingo, 12:30, Edward Jones, Tim Domian
- 5 Exercise Class, 9:30-10:15, TV Room
Site Council Meeting, 10:00, Board Room
- 6 Chair YOGA, 12:30, Jan Cannon leading class
- 7 Exercise Class, 9:30-10:15, TV Room
Bible Study, 10-11:00, Board Room
Thursday fun raffle, drawing at 11:45, tickets are 3 for \$1.00
- 8 No Bingo today
- 11 Center Closed for the Columbus Day holiday
- 12 Exercise Class, 9:30-10:15, TV Room
Board Meeting, 12:45
- 13 Chair YOGA, 12:30, Jan Cannon leading class
- 14 Exercise Class, 9:30-10:15, TV Room
Bible Study, 10-11:00, Board Room
Thursday fun raffle, drawing at 11:45, tickets are 3 for \$1.00
- 15 Bingo, 12:30, Saxony Village, Scott Sprandel
- 19 Exercise Class, 9:30-10:15, TV Room
- 20 Blood Pressures, 10-11:00, sponsored by Crown Hospice
Chair YOGA, 12:30, Jan Cannon leading class
- 21 Exercise Class, 9:30-10:15, TV Room
Bible Study, 10-11:00, Board Room
Thursday fun raffle, drawing at 11:45, tickets are 3 for \$1.00
- 22 Bingo, 12:30, sponsored by Crown Hospice
- 26 Exercise Class, 9:30-10:15, TV Room
- 27 Chair YOGA, 12:30, Jan Cannon leading class
- 28 Exercise Class, 9:30-10:15, TV Room
Bible Study, 10-11:00, Board Room
Thursday fun raffle, drawing at 11:45, tickets are 3 for \$1.00
- 29 No Bingo is planned as of this time, unless we find a sponsor

THE CHAIR YOGA CLASS IS LOOKING FOR YOU

We have a wonderful opportunity for you in this new activity... CHAIR YOGA! Jan Cannon is a fun, enthusiastic delight and she leads the chair yoga class on Wednesdays at 12:30. This is a low impact, simple chair exercise class. Class participants do what they want to do within their limits and ability while having fun moving a little and getting some motion in while having a great time with others.

This is a new activity and we need to fill the class while we make Jan feel welcome to our center. Give it a try!

MEDICARE PART D OPEN ENROLLMENT IS OCTOBER 15 - DECEMBER 7

For 2021 Medicare coverage, open enrollment is in the fall of 2021, from October 15 to December 7.

During this annual enrollment period (AEP) you can make changes to various aspects of your coverage.

You can switch from Original Medicare to Medicare Advantage, or vice versa.

You can also switch from one Medicare Advantage plan to another plan.

You can switch from one Medicare Part D (prescription drug) plan to another.

And if you didn't enroll in a Medicare Part D plan when you were first eligible, you can do so during the general open enrollment, although a late enrollment penalty may apply.

It is important, especially if you take several medications, to have this reviewed each year.

THE LIBRARY IS AVAILABLE YOUR USE

Our book library is available to you for your use. Take what you can read, bring them back when you are finished and if you have books to share you can bring them, too. There are some DVD's and VHS tapes available on the shelves for loan.

Lana is our new Librarian and she can help you put books on the shelves or help you choose what you would like to borrow.

THURSDY RAFFLE STARTING BACK IN OCTOBER

For the benefit of our new friends, we will have a fun raffle of items on Thursday in the dining room at 11:45. People bring new, small items to share. Homemade baked goods are a very popular item, but other small items are also acceptable, such as packaged baked goods, personal care items, or household items. Please no used, opened or expired items.

Tickets are sold each Thursday morning until 11:45. Tickets are 3 for \$1 or 20 for \$5.

This fundraiser is for the upkeep, maintenance and expenses to our building. Please help this important fundraiser by purchases your tickets on Thursdays at the raffle table.

CARRYOUT MEALS ARE ALLOWED FOR ANYONE AT THIS TIME

Due to the continued Covid pandemic, carryout meals are allowed for anyone. The ladies at the front desk are happy to help you sign-in for the meal, you can go to the serving line and they will get your meal ready to go.

The best times to come and get carryout meals are from 11:30-12:30.

This is perfect for anyone who may not feel comfortable dining in the dining room yet or are unvaccinated. Any senior adult may carry out their meal, so spread the word to your friends.

The same suggested contribution applies to carryout meals, which is at least \$3 per meal.

JUST A FEW REMINDERS...

Please do not bang your meal tray against the inside of the trash cans. It breaks and cracks the trays and they have to be thrown away. Use your flatware or the rubber scraper to remove food scraps, then place your flatware in the provided tub.

All drinking glass liquids and ice should be poured into the large bucket, after you remove your straw and throw it away.

Thank you!

QUILT AND WOODEN TRINKET BOX RAFFLE STILL ONGOING

We are still selling chances on the beautiful quilt and the handmade Von Ridings wooden trinket box that are on display in the dining room. Tickets are \$1 each or 6 for \$5. The drawing will be held soon, so get your chances today!!! Please help this important fundraiser!

MEMORIAL GIFTS GIVEN THIS MONTH

A memorial gift was given in memory of Linda Train by Nancy Hilty.

A memorial gift was given in memory of Elizabeth Cates, the daughter of our wonderful volunteers, Dr. and Mrs. Kirk Bowman. The gift was given by Linda Tansil, another wonderful volunteer.

OTHER WAYS YOU CAN SUPORT THE FOUNDATION AND BUILDING FUND

The Foundation has taken a huge financial hit during Covid and the time the senior center was closed. There were no weekly raffles, no soda sales, very little aluminum can recycling, few people joining the Buck-A- Month Club, and memorial gifts were down.

Please remember that the Foundation relies solely on financial gifts, contributions to the Foundation and fundraisers to meet the ongoing expenses of our aging building.

All aluminum cans may be placed by the door of the NORTH shed behind the building.

Sodas in the dining room are available for 50 cents per can, or a larger contribution.

The Buck-A-Month Club is still happy to take your gift of \$12 for the entire year. Check out the names and stars on the large poster near the serving line area in the dining room. It sure would look nice to see everyone's names on the poster!!!

ANNUAL FALL BAKE SALE COMING SOON! BAKE NOW AND FREEZE FOR LATER!

The annual Fall bake sale will be coming on Thursday, November 18. This advance notice will give you plenty of time to make items ahead of time and freeze for that day. Cookies and quick breads are easy to make and freeze well.

Start planning ahead now for this annual Site Council fundraiser.