

FEBRUARY 2022

CENTER CLOSING FOR FEBRUARY HOLIDAY

The Center will be closed on Monday, February 21 for the Presidents' Day holiday.

THE MUSIC MAN, ALLEN HILL, TO DO VALENTINE'S DAY SHOW

On Valentine's Day we will have a wonderful music program at 12:30 in the dining room. Allen Hill will present a variety of Love Songs, interspersed with information about the songs. Wear your red and white outfits to dress for the occasion. Mark your calendar to attend so you don't forget.

We will have ice cream floats half-way through the program and all women will receive a red rose for Valentine's day.

MEMORIAL GIFTS GIVEN DURING THE MONTH

In Honor of Joan and Rob Weeks as a Christmas gift, given by Evelyn and Phil Finney.

In memory of Evelyn Zimmerman given by Kay Kenner, Evelyn Finney and Marlene Cloude.

In memory of Linda Kern by Marlene Cloude.

In memory of Marie James given by the children and family of Marie James and Marlene Cloude.

In memory of the Center's very long-time volunteer and servant to others, Marjorie Hildebrand. Marjorie and her husband, Richard, started volunteering at this center when it was located on Broadway and helped work on this building and moving in. They continued to deliver meals, serve on the board and site council and much, much more. They truly have been the grassroots and backbone of this senior center and are greatly missed. Gifts have been lovingly given by Michael and Daphna Fiehler, Nina Mehrle, Evelyn Finney, Lorene Wood, Ken Haas, Susan Riehl, Marlene Cloude and Scott and Susan McClanahan.

HANDICAPPED PARKING SPACES

PLEASE do not park in handicapped parking spaces if you do not have the proper tags on your car and mirror hanger. ALSO, please be considerate of the clients who are on walkers that have to walk a long distance. It would do most people some good to walk, so please reserve the spaces closest to the front door for those who have extreme difficulty walking and are on walkers, etc. Thank you!!!

AARP TAX SERVICE AND PROPERTY TAX CREDITS

Volunteers from AARP Tax-Aide will be doing tax preparation for senior adults on Tuesday evenings starting in February. You will drop off your tax information and pick it back up the next Tuesday.

They will also be doing Missouri Property Tax Credits for those who qualify.

APPLE PROJECT PAPERWORK SERVICE PREPARING PROPERTY TAX CREDITS

The APPLE Project Paperwork Service will be here in our building on February 3 and 24 from 10:30-12:00 noon to prepare Missouri Property Tax Credits for those who qualify. We will start a sign-in sheet on that morning so they can take clients in order as they arrive.

MEAL TICKETS AVAILABLE TO HELP YOU WITH SIMPLE MEAL CONTRIBUTION

We have red meal tickets available for your convenience to use for your lunch meals. The meal tickets do not expire, you can get as many as you would like at a time and each ticket is good for one meal. The same suggested contribution of \$4 applies to these meal tickets, and then you don't have to worry about having cash and small bills. You can write a check or have cash to get the meal tickets.

BUCK-A-MONTH CLUB IS LOOKING FOR YOU!

Marlys Ford is the chairperson for this fundraiser and she's looking for YOU!!! The NEW 2022 Buck-A-Month fundraiser board is up and going and we are hoping you'll jump onboard! It is literally \$1.00 a month,

or \$12.00 per year. Everyone can afford \$1.00 per month, so please join in and let's fill the board up this year!

As a reminder, the income from this simple fundraiser helps to go toward the upkeep and maintenance of our wonderful building. So please, everyone do your part by giving today!

MEAL SUGGESTED CONTRIBUTION RATE INCREASE

It's been a long time coming, but we have been forced by the rising costs of doing business, to increase the contribution rate for the meals. The actual cost to produce the meal is about \$7.00 per meal. Your part is only \$4.00 toward the total cost of the meal. You are not paying for the meal, you are contributing toward the total cost of the meal. \$4.00 is a bargain! Choice of two entree items, side dishes, choice of dessert and a drink... no tax and no tip... all for only a minimal \$4.00 contribution toward the cost of the meal. Such a great deal!

Many of you have been so wonderful to be generous even before we increased the contribution rate, and we appreciate you so much.

WINTER WEATHER CLOSINGS

We have many new clients that have not been with us during the winter months, so we need to tell you about how we handle winter weather closings.

If Cape Public Schools close for inclement weather, then we close as well. If this would occur during their holiday break, we will make our own decision as to close or not.

Watch KFVS12 for our closing and it will be listed as Cape Senior Center. You can also tune into KZIM Radio at AM960 for winter weather closings.

Many times, the streets may be fine to travel on, but it is the sidewalks, steps and porches of over 200 home delivered meal clients we have to deliver to that is the problem. We take precaution with our meal delivery volunteers if conditions are slick and icy.

ACTIVITIES

- 1 Exercise class, 9:30-10:15
Site Council 9:30 am to decorate, meeting immediately following
- 2 Chair Yoga, 12:30
- 3 APPLE Project Paperwork Service, 10:30-12:00 noon, Property Tax Credits service
Exercise Class, 9:30-10:15
Bible Study, 10-11:00
Raffle, 11:45
- 4 Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 8 Exercise Class, 9:30-10:15
- 9 Chair Yoga exercise, 12:30
- 10 Exercise Class, 9:30-10:15
Bible Study, 10-11:00
Raffle, 11:45
Blood Pressures, 10-11:00, Legacy Hospice
- 11 Bingo, 12:30, Arnold Insurance Group
- 14 Love Songs by Allen Hill music program, 12:30, ice cream floats, roses for the ladies and great music!
- 14 Exercise Class, 9:30-10:15
- 15 Foot Clinic, by appointment only
Exercise Class, 9:30-10:15
Board Meeting, 12:45 in the TV room!
- 16 Chair Yoga, 12:30
Blood Pressures, 10-11:00, sponsored by Crown Hospice
- 17 Exercise Class, 9:30-10:15

- Bible Study, 10-11:00
- Raffle, 11:45
- 18 Bingo, 12:30, Saxony Village
- 21 Center Closed for the Presidents' Day holiday
- 22 Exercise Class, 9:30-10:15
- 23 Chair yoga exercise, 12:30
- 24 APPLE Project Paperwork Service, 10:30-12:00 noon, Property Tax Credit service
- Exercise Class, 9:30-10:15
- Bible Study, 10-11:00
- Raffle, 11:45
- 25 Bingo, 12:30, Crown Hospice

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.