

JANUARY 2022 SENIOR CENTER NEWS

NEW MEAL CONTRIBUTION RATE IN PLACE TO START THE NEW YEAR

It's been a long time coming, but we have been forced by the rising costs of doing business, to increase the contribution rate for the meals. The actual cost to produce the meal is about \$6.75 per meal. Your part is only \$4.00 toward the total cost of the meal. You are not paying for the meal, you are contributing toward the total cost of the meal. \$4.00 is a bargain! Choice of two entree items, side dishes, choice of dessert and a drink... no tax and no tip... all for only a minimal \$4.00 contribution toward the cost of the meal. Such a great deal!

Many of you have been so wonderful to be generous even before we increased the contribution rate, and we appreciate you so much.

ALL STAFF WISH TO THANK YOU FOR YOUR THOUGHTFULNESS AND GENEROSITY

Over the past few weeks and through the Christmas season, many of you have brought the staff members cards, treats, plates of cookies, gifts, and your kind words and greetings. You will never know how much this means to all of the staff members and we ALL thank you so, so much! From all of the senior center staff, your kindness and generosity warms our hearts that we will carry into the New Year. Thank You!

CENTER CLOSING FOR JANUARY HOLIDAY

The Center will be closed on January 17 for the Martin Luther King, Jr holiday.

MUSIC SHOW BY ORIGINAL ARTISTS PLANNED FOR JANUARY 12

A fun, interactive 1960's music show by Allen Hill, The Music Man! will be here at our center on Wednesday, January 12 at 10:00 am. You won't want to miss this great show! Mark your calendars to come and enjoy the show and then lunch immediately following the show!

MEAL TICKETS AVAILABLE TO HELP YOU WITH SIMPLE MEAL CONTRIBUTION

We have red meal tickets available for your convenience to use for your lunch meals. The meal tickets do not expire and each ticket is good for one meal. The same suggested contribution of \$4 applies to these meal tickets, and then you don't have to worry about having cash and small bills.

BUCK-A-MONTH CLUB IS LOOKING FOR YOU!

The NEW 2022 Buck-A-Month fundraiser board is up and going and we are hoping you'll jump onboard! It is literally \$1.00 a month, or \$12.00 per year. Everyone can afford \$1.00 per month, so please join in and let's fill the board up this year!

As a reminder, the income from this simple fundraiser helps to go toward the upkeep and maintenance of our wonderful building. So please, everyone do your part by giving today!

MEMORIAL GIFTS GIVEN DURING THE MONTH

A memorial gift was given in memory of Jerry Vandeven by Charlene Vandeven.

A memorial gift was given in memory of Linda Kern by the American Legion Auxiliary, Unit 63.

WINTER WEATHER CLOSINGS

We have many new clients that have not been with us during the winter months, so we need to tell you about how we handle winter weather closings.

If Cape Public Schools close for inclement weather, then we close as well. If this would occur during their holiday break, we will make our own decision as to close or not.

Watch KFVS12 for our closing and it will be listed as Cape Senior Center. You can also tune into KZIM Radio at AM960 for winter weather closings.

Many times the streets may be fine to travel on, but it is the sidewalks, steps and porches of over 200 home delivered meal clients we have to deliver to that is the problem. We take precaution with our meal delivery volunteers if conditions are slick and icy.

ACTIVITIES

- 4 Exercise class, 9:30-10:15
Site Council 9:30 am to decorate, meeting immediately following
- 5 Chair Yoga, 12:30
- 6 Blood Pressures, 10-11:00, Broadway Pharmacy
Exercise Class, 9:30-10:15
Bible Study, 10-11:00
Raffle, 11:45
- 7 Bingo, 12:30, Edward Jones, Timothy Domian, Financial Advisor
- 10 Board Meeting, 12:45
- 11 Exercise Class, 9:30-10:15
- 12 The Music Man! 10:00 am, a fun, interactive 1960's music show by Allen Hill. You won't want to miss this! Mark your calendars!
Chair yoga exercise, 12:30
- 13 Exercise Class, 9:30-10:15
Bible Study, 10-11:00
Raffle, 11:45
- 14 Bingo, 12:30,
- 13 Board Meeting, 12:45
- 14 Exercise Class, 9:30-10:15
- 17 Center Closed for the Martin Luther King, Jr holiday
- 18 Foot Clinic, by appointment only
Exercise Class, 9:30-10:15
- 19 Chair Yoga, 12:30
Blood Pressures, 10-11:00
- 20 Exercise Class, 9:30-10:15
Bible Study, 10-11:00
Raffle, 11:45
- 21 Bingo, 12:30, Saxony Village
- 25 Exercise Class, 9:30-10:15
- 26 Chair yoga exercise, 12:30
- 27 Exercise Class, 9:30-10:15
Bible Study, 10-11:00
Raffle, 11:45
- 28 Bingo, 12:30, Crown Hospice

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.