

APRIL 2023

ACTIVITIES

- 4 Site Council 9:30 am to decorate, meeting immediately following
Exercise Class, 9:30-10:15
AARP Tax-Aide, 6:00-8:00 pm
- 5 Colorectal Cancer prevention program, 10:00, St. Francis Medical Center
- 6 APPLE Project Paperwork Service, 10:30-12:00 noon, Property Tax Credits and other paperwork
Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
Crochet Class, 12:30-2:00, Barbra Lloyd, instructor
- 7 Center Closed for Good Friday
- 8 Free Paper Shredding Day, 10-1:00 pm, Senior Center parking lot, there is no charge
- 10 Board Meeting, 12:45
- 11 Exercise Class, 9:30-10:15
AARP Tax-Aide, 6:00-8:00 pm
Foot Clinic, by appointment only
- 12 Blood Pressures, 10:00-11:00, sponsored by Crown Hospice
- 13 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
Crochet Class, 12:30-2:00, Barbra Lloyd, instructor
- 14 Chair Yoga exercise, 9:30, Jan Cannon instructor
Bingo, 12:30, Newbridge Retirement Community
- 18 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
- 20 APPLE Project Paperwork Service, 10:30-12:00 noon, Property Tax Credits and other paperwork
Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
Crochet Class, 12:30-2:00, Barbra Lloyd, instructor
- 21 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor
Bingo, 12:30, Saxony Village
- 25 Exercise Class, 9:30-10:15
- 27 The Center will close early at 1:30, do to staff retreat.
Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
Crochet Class, 12:30-2:00, Barbra Lloyd, instructor
- 28 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor
Bingo, 12:30, Crown Hospice

SENIOR CENTER CLOSED FOR GOOD FRIDAY

Your senior center will be closed on Friday, April 7 for Good Friday. May you have a blessed and meaningful Easter weekend.

WE LOVE OUR VOLUNTEERS!!! THANK YOU, VOLUNTEERS!!!

The Senior Center is a volunteer based non-profit organization, and it absolutely could not exist without the valued volunteers! Using about 20 volunteers every single day is an incredible number of hours recorded each day, week, month and year!!! There is no way the center could ever hire workers to do all you do on a volunteer basis.

We have the VERY BEST Volunteers around and we appreciate YOU and ALL you do to help serve senior adults in this community. It may sound very cliché, but we truly don't not know what we would do without you!! A very heartfelt and sincere THANK YOU from the bottom of our hearts!

FREE SECURE PAPER SHREDDING DAY PLANNED FOR MAY 8

The center's annual Free Secure Paper Shredding Day will be held on Monday, May 8 from 10-1:00 pm in our Senior Center parking lot. Start preparing for the day NOW!

This is the time to plan to shred old tax returns, banking papers, investment papers and other important papers that you would not want to put into regular city recycling pick-up.

There is no limit to the amount that you can bring to be shredded. Please remove all paper clips or and metal large bindings.

SWIPE CARDS SHOULD BE USED BY ALL CLIENTS

Several years ago we moved away from handwriting meal signatures to swipe cards for the purpose of accuracy and speed. Many times we cannot read the handwritten signatures and it makes it impossible to get the signatures put into the computer so the meals can be counted.

The clipboard at the front desk is for new people coming in for the first time, for guests of our clients and anyone under age 60 who would not have a card. Everyone else is expected to use the swipe card we make for you with your personal identification number on it.

You keep up with your drivers license, bank and credit cards, so surely you can keep up with your meal swipe card.

Thank You!!!

MILK AND FOOD FROM CONGREGATE MEALS CANNOT BE TAKEN OUT OF THE BUILDING

The Center receives a little federal funds as a subsidy toward the cost of the meal, so when we get their money we have to follow their rules. Simply, cartons of milk and food cannot be taken out of the building when you have gotten a congregate meal. You are welcome to drink one milk with your lunch, but it cannot go home with you. This is not our rules, this is a mandate from our program.

Remember, you are not 'paying' for the meal, you are contributing toward the actual cost of the meal. Your \$4 contribution toward the actual cost of the meal is vital to this program.

As a reminder, chocolate and white milk is sold at all local grocery stores for your at-home use. 😊

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.