

JUNE 2023

ACTIVITIES

- 1 APPLE Project Paperwork Service, 10:30-12:00 noon, Property Tax Credits and other paperwork
Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
- 2 Chair Yoga exercise, 9:30, Jan Cannon instructor
Bingo, 12:30, Edward Jones, Timothy Domian
- 6 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
- 8 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
- 9 Chair Yoga exercise, 9:30, Jan Cannon instructor
Bingo, 12:30, Newbridge Retirement Community
- 12 Center will close at 1:30
- 13 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Board Meeting, 12:45
Foot Clinic, by appointment only
- 14 Blood Pressures, 10:00-11:00, sponsored by Crown Hospice
- 15 APPLE Project Paperwork Service, 10:30-12:00 noon, Property Tax Credits and other paperwork
Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
- 16 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor
Bingo, 12:30, Saxony Village
- 19 Center Closed for the federal holiday of Juneteenth
- 20 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
- 22 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
- 23 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor
Bingo, 12:30, Crown Hospice
- 27 Exercise Class, 9:30-10-10:15, Peggy or Marie, leaders
- 29 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45

SENIOR CENTER CLOSED for the JUNETEENTH FEDERAL HOLIDAY

Last year, the federal government adopted June 19 as the “Juneteenth” holiday. The holiday is also called “Juneteenth Independence Day,” “Freedom Day” or “Emancipation Day.”

Juneteenth is an annual commemoration of the end of slavery in the United States after the Civil War. There will be no banking or mail on this day as well.

FINANCIAL GIFTS GIVEN TO THE CENTER THIS MONTH

A memorial gift was given in memory of Irene Collins, given by Dorothy Lancaster.

A memorial gift was given in memory of Irene Collins, given by Phil and Evelyn Finney.

A memorial gift was given in memory of Norma Renz, given by Marlene Cloude and Scott McNeeley.

A memorial gift was given in memory of Mary Burger, given by Mary “Tootie” Ridings.

A memorial gift was given in memory of Mary Olson, Given by Marlene and Scott McNeeley.

Special gifts were given to the senior center as Memorial Day remembrances. Those special gifts are:

Given by Jane Klobe, in memory of all who have served our country.

Given by Mary "Tootie" Ridings in memory of Von Ridings and Derek Hale.

Given by Scott and Susan McClanahan in memory of parents Duane and Marilyn Kinsey, and Barbara McClanahan.

SENIOR CENTERS MANDATED TO RETURN TO STRICT POLICY REGARDING MEALS THAT ARE TAKEN OUT AND DELIVERED TO A HOMEBOUND CLIENT

The Rules regarding meal service from the senior center are divided into two categories:

- 1) **Congregate**, which are meals eaten inside the senior center with friends. This is so clients can enjoy fellowship and activities inside the center.
- 2) **Home-Delivered, Homebound Meals**. These are meals that are for clients who can't come into the center to eat. These meals can be delivered by center volunteers, or someone may pick up their meal for them. For meals that are picked up and delivered, there must be a medical or physical reason why the client cannot eat the meal at the center.

Unfortunately, through COVID, everyone got very comfortable with being able to take meals out of the center because of the COVID virus. But now, the government is having us return to the original policy of homebound meal eligibility.

If you know of someone who has a medical or physical reason why they cannot come to the center to eat their meal, we are happy to register them for a homebound meal that will be consumed at their home.

This is not a NEW ruling; we are just having to go back to the policy in place prior to COVID.

Thank you for understanding that this is not our rule, but when we receive funding from other sources, we must follow their rules.

If you have questions, please come and talk to us about your situation. Thank you!!

A direct quote from our contracting agency, Aging Matters, "Our Program's Mission is to provide nutritious meals, beneficial supportive services, and social interaction. It is not to become a restaurant for getting a convenient non-fast-food meal."

BRIDGE LESSONS HAVE BEEN REQUESTED

We have had some interest in learning to play Bridge. Would you like to learn to play Bridge, or better yet, would you be willing to help teach a couple of people how to play Bridge? Please come and see us in the office if you are willing to teach or would like to learn. Thanks in advance for your help!

SENIOR CENTER THRIFT STORE SELLING RADA KNIVES AS FUNDRAISER

We have a small display of RADA knives in our little thrift store, but we are willing to order-in any piece you would like to have. Virginia, who volunteers to run the store, is putting together an order from the RADA catalog. Step inside the thrift store and look through the catalog to see what items you would like to order. These make GREAT gifts for almost any occasion, but especially wedding showers and wedding gifts.

Please help support this fundraiser by placing your order today!

INVITE A FRIEND TO EAT LUNCH WITH YOU AND PLAY GAMES AT THE CENTER

The Center has Dominoes and other games available for you to play. Make use of your senior center by inviting a friend to come and have lunch, and then play games either before and/or after lunch. As the weather gets hot, you may want to spend part of your day inside playing cards or games. Have Fun!

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.