

SEPTEMBER 2024

ACTIVITIES

- 2 Center Closed for the Labor Day holiday. See you tomorrow.
- 3 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
- 4 Dominoes, 9:00, Everyone welcome!
Toenail Trimming Clinic, by appointment only
- 5 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
Special rescheduling of the postponed foot clinic from August 21.
- 6 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
Bingo, 12:30, Edward Jones, Tim Domian
- 9 Board Meeting, 12:45
- 10 Exercise Class, 9:30-10-10:15, Peggy or Marie, leaders
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
- 11 Dominoes, 9:00, Everyone welcome!
- 12 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
- 13 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
Bingo, 12:30, Advantage Home Care
The Center will close early today at 1:30 pm.
- 16 Bridge, 12:30-3:30, for experienced players
- 17 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
- 18 Dominoes, 9:00, Everyone welcome!
Toenail Trimming Clinic, by appointment only
- 19 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
- 20 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
Bingo, 12:30, Saxony Village, Scott Sprandel
- 23 Bridge, 12:30-3:30, for experienced players
- 24 Bingo, 12:30, Southern Care and Comfort, Carol McConnell
Exercise Class, 9:30-10-10:15, Peggy or Marie, leaders
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
- 25 Dominoes, 9:00, Everyone welcome!
- 26 Exercise Class, 9:30-10:15, Peggy or Marie, leaders
Bible Study, 10-11:00, Joey Crosnoe, leader
Raffle, 11:45
- 27 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
Bingo, 12:30, Crown Hospice
- 30 Bridge, 12:30-3:30, for experienced players

SENIOR CENTER CLOSED FOR THE LABOR DAY HOLIDAY

Please make note that the senior center will be closed in observance of the Labor Day holiday on Monday, September 2. The Center will resume regular operating business hours on Tuesday, September 3.

NEW BRIDGE GROUP STARTING ON MONDAY, SEPTEMBER 16

A Bridge group will be playing Bridge on Mondays from 12:30-3:00. This is not a class to learn how to play, this group is for experienced players. No need to make a reservation, just come and be ready to play and have fun.

MEAL CONTRIBUTION VOUCHERS AVAILABLE IN THE OFFICE FOR NOON MEALS

If you struggle with having small bills and change when you come in to enjoy your noon meal, you might consider getting the red meal vouchers. You can get as many or as few as you want, there is no expiration date, and it is the easiest way to handle your noon meal contribution.

As a reminder, you are not “paying” for your meal. The actual cost of your meal is about \$7.60, so you are contributing toward the cost of the meal. Our suggested contribution is at least \$4.00 per meal. That is how our program survives!

ABUNDANT THANKS TO SPECIAL MEAL DELIVERY VOLUNTEERS

All of the Center’s meal delivery volunteers are so special! These volunteers deliver in all types of weather and conditions. Many take special care and concern for their clients and develop relationships with them because they see these clients week after week.

Recently we have had to say goodbye to some very special meal delivery volunteers.

Dr. Kirk Bowman and his wife BJ have delivered meals for the center for many, many years. Dr. Bowman, now 94 years old, has given up delivering meals. We miss him so much and we know his clients do as well. BJ is still delivering we are so thankful. She loves her clients and their pets on her South route.

Dr. Mike and June Readnour have delivered meals on the North route since July 2011. Now, it is time for them to move to be close to their family. We wish them well and will miss them beyond measure.

Carol Umfleet McConnell and her delivery runner, Diane Hanebrink have been delivering meals together for 17 years. They have been a great team and work well together and love the clients on their route. Now, after 17 years, they have decided it is time to retire and let some younger ones deliver meals. We will miss them and hope they come back to visit very often.

Volunteering is wonderful! It helps keep you active and it is so good to serve others.

We have some pretty big shoes to fill, and we welcome you as meal delivery volunteers! See us in the office to learn more!

To those who are leaving us, THANK YOU, so much! You WILL be missed.

PLEASE BE RESPECTFUL OF SENIOR CENTER PROPERTY AND GROUNDS

In the past couple of months, we have experienced a growing issue of trash mishandled in and around the building.

There have been napkins and paper towels in the umbrella container in the front foyer, napkins stuffed in the cigarette stand by the front door, which catch fire, and miscellaneous trash and cigarettes dropped at the front doors and in the parking lot. We try to keep the property looking nice, tidy and clean, and with your help we can achieve that.

Please place all trash in the proper receptacles. Thank you!

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.