

JULY 2025

ACTIVITIES

- 1 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
- 2 Dominoes, 9:30, everyone welcome!  
Toenail Trimming Clinic, by appointment only
- 3 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Bible Study, 10-11:00, Joey Crosnoe, leader  
Raffle, 11:45
- 4 Center Closed for Independence Day
- 8 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
- 9 Dominoes, 9:30, Everyone welcome!
- 10 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Bible Study, 10-11:00, Joey Crosnoe, leader  
Raffle, 11:45
- 11 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor  
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!  
Bingo, 12:30, Comfort Keepers
- 14 Board Meeting, 12:30
- 15 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!  
Bingo, 12:30, Genesis Home Care
- 16 Dominoes, 9:30, Everyone welcome!  
Toenail Trimming Clinic, by appointment only
- 17 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Bible Study, 10-11:00, Joey Crosnoe, leader  
Raffle, 11:45
- 18 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor  
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!  
Bingo, 12:30, Saxony Village, Scott Sprandel
- 22 Exercise Class, 9:30-10-10:15, Peggy or Marie, leaders  
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!  
Bingo, 12:30, Southern Care and Comfort
- 23 Dominoes, 9:30, Everyone welcome!
- 24 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Bible Study, 10-11:00, Joey Crosnoe, leader  
Raffle, 11:45
- 25 Chair Yoga, Chair Yoga exercise, 9:30, Jan Cannon instructor  
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!  
Bingo, 12:30, Crown Hospice
- 29 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Hand and Foot card game, 9:00 to 3:00. Everyone is welcome!
- 30 Dominoes, 9:00, Everyone welcome!
- 31 Exercise Class, 9:30-10:15, Peggy or Marie, leaders  
Bible Study, 10-11:00, Joey Crosnoe, leader  
Raffle, 11:45

### THE CENTER'S SUGGESTED CONTRIBUTION IS NOW \$5.00 PER MEAL

As we announced last month in the newsletter, the center needs to increase the meal suggestion contribution to \$5.00. The actual cost to produce the meals is now \$8.79 per meal. Your part is the suggested \$5.00 and the center grant writes and fundraises to make up the difference.

Your \$5.00 contribution toward the actual cost is vital to the success of this program.

Thank you in advance for doing your part.

### INVITE A FRIEND AND BRING A FRIEND TO HAVE LUNCH WITH YOU

As we begin this new fiscal year, our numbers start all over at zero and we build throughout the new fiscal year. Let's kick off this new year with a bang! Invite someone to come with you to the senior center to have lunch and participate in activities offered at the center. Every meal served is important, so let's see if we can kick off this new year with record high numbers!

### MEMORIAL CONTRIBUTION

The senior center received a memorial contribution in memory of Barb Kinsey, who is Susan's sister, given by Linda Tansil.

### SAVE THE DATE!!!

On Thursday, August 14 and August 21 at 12:30, we are excited to be offering programs on a wide variety of topics that are important to know and learn about. On each of the two Thursdays, there will be presentations on fraud, scams, technology use, elder financial abuse and neglect, estate planning, wills and living wills, advanced directives, power of attorney, and much more. The two days will not be alike, there will be different topics on each day, so we hope you'll join us for both days of learning and fellowship.

First State Community Bank will be the sponsoring this event, and they will be providing all of the speakers, light refreshments and door prizes.

Watch for flyers and more event information to come!

Mark your calendar now for this fun and informative event.

### BOUTIQUE IS READY FOR YOUR DONATED ITEMS

The Boutique in the east end of our building is ready for your donated items. Some unsold items have been cleared out and there is room for new merchandise. While the weather is so warm and you don't want to be outside for very long, you can take this time to clean out, pitch and sort things in your home. Cabinets, drawers, closets and storage areas in your home can be purged and items donated to our Boutique.

The little Boutique is a fundraiser for the Center and an important part of our fundraising budget.

### GAMES, CARDS AND DOMINOES AVAILABLE IN THE CABINETS

As a reminder, in the gray cabinets in the dining room, there are games, cards, dominoes and puzzles for you to use and enjoy. Get a group of your friends together and enjoy fun activities and fellowship together in the air conditioning here at the Center. Enjoy!

### TOENAIL CLINIC IS BY APPOINTMENT ONLY

The semi-monthly toenail trimming clinic is by appointment only. We have had many people who show up without an appointment hoping to be seen the day of the clinic.

The appointment scheduling book is in the office if you would like to make an appointment.

The Senior Center is always in need of your time and resources.

Please remember your Senior Center when making your final arrangements, and letting your family members know your wishes.